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Lifelong Learning Institutes' Course Catalogs

Senior Consulting, LLC, develops Senior Living and Active Adult Communities, with experience in over 35 communities and current developments in five states. Substantiated by findings from their Active Adult Market Study, Senior Consulting incorporates Lifelong Learning Centers or Lifelong Learning Programs in its campuses to the fullest extent possible, some of which will be sponsored or operated by local Colleges and Universities. Senior Consulting defines a Lifelong Learning Center as a separate and distinct center or dedicated space for the program, sometimes attached to other types of programs or facilities. A Lifelong Learning Program will often offer the same curriculum as a Lifelong Learning Center, but does so in a non-dedicated space. For example, an auditorium, multi-purpose room or even a conference room can double as a classroom depending on the type of class and class size.

Senior Consulting reviewed the Lifelong Learning course offerings at many centers throughout the United States, but then focused on five respected Lifelong Learning Centers: Stony Brook University, Rochester Institute of Technology, University of Virginia, James Madison University and the Albany Guardian Society. All of these are in a fairly close proximity to Senior Consulting projects. Nonetheless, they also offer a broad diversity of courses that would be applicable to existing or potential programs nationwide. Notable exceptions would be courses tailored to local historical events, or arts and entertainment courses that can be interactive with local museums, galleries, theaters or music venues.

Stony Brook (SBU)

Stony Brook University has an Osher Lifelong Learning Institute (OLLI). SBU's OLLI Course Catalog is extensive with 13 categories and several dozen total classes. Classes are offered Monday through Friday, mostly on the Stony Brook campus. The SBU OLLI courses included in this document are held February through May, typically for a total of 12 sessions, once a week for 1.25 hours per session (although a select few classes meet for up to four hours per session). Several classes meet less than 12 sessions because of a holiday or building closing or unavailable classroom. A few classes are classified as mini-workshops, which meet for only four sessions. Some classes, particularly game classes, are held at the Setauket Neighborhood House, <http://www.setauketneighborhoodhouse.com/>. Note: No information on OLLI instructors is provided, aside for their names.

James Madison University (JMU)

JMU Lifelong Learning Institute 2015 Course Page:
<http://www.jmu.edu/outreach/programs/all/li/courses.shtml>. Unless noted differently, each course runs for five sessions, two hours per session, over the course of either 10 days or five to

six weeks. The Spring 2015 semester is divided into three sessions, A, B, and C. Session A: February 2 – March 6. Session B: March 16 - April 17. Session C: April 20 - May 22. Most courses are held from 9:00 a.m. -11:00 a.m.; 1:00 p.m. – 3:00 p.m.; 3:30 p.m. – 5:30 p.m.; and 4:00 p.m. – 6:00 p.m.. Classes are held at the following locations: Ice House, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C5>; American National University, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C7>; Sunnyside Retirement Community, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C8>; Bridgewater Retirement Community, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15A7>; Virginia Mennonite Retirement Community, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C9>; Trinity Presbyterian Church, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C10>; Park View Mennonite Church, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15C3>; The Heritage Museum, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15B7>; Beth El Congregation, <https://aceware.jmu.edu/wconnect/LocationInfo.awp?Course=LLI15S15B5>; and the JMU Campus.

Each course requires Lifelong Learning Institute (LLI) Membership and a fee of \$35. Some courses require an additional fee that covers course supplies. Payment is due at time of registration and must be made by credit card (AMEX, MasterCard, Visa, and Discover. There is a \$5 credit card convenience fee assessed at the time of payment.

JMU's Lifelong Learning Institute's sponsors are Sunnyside Retirement Community, Bridgewater Retirement Community, Virginia Mennonite Retirement Community, and Home Instead Senior Care.

James Madison University (JMU): 800 South Main Street Harrisonburg, VA 22807.

LLI Contact Information: 127 W. Bruce St. MSC 9006 Harrisonburg, VA 22807. Phone: 540-568-2923. Email: lli@jmu.edu.

Website: <http://www.jmu.edu/outreach/programs/all/lli/index.shtml>.

Rochester Institute of Technology (RIT)

The Osher Lifelong Learning Institute at RIT, <http://www.rit.edu/osher/>, offers over 40 classes and seminars per term, which range from one-session courses to weekly classes. The cost of full membership is \$300 (annual fee). Full membership entitles individuals to unlimited courses and social activities. Individuals also have the option to purchase a limited membership: Supporting Membership for \$155 or a Trial Membership for \$150. RIT's OLLI 2015 Winter Course Catalog, <http://osher.rit.edu/files/winter15cat.pdf>, was surveyed for this document. The Winter courses are held between January and March and are held for five or ten sessions, typically for 1.5 hours per session.

Osher Lifelong Learning Institute at RIT: 50 Fairwood Drive, Suite 100 Rochester, New York 14623. Phone: 585-292-8989. Email: osher.info@rit.edu.

University of Virginia (UVA) - Charlottesville

University of Virginia (UVA) Lifelong Learning, <http://www.virginia.edu/lifetimelearning/>. UVA's Osher Lifelong Learning Institute (OLLI) Spring 2015 Catalog, <http://www.olliuva.org/>. The typical class meets for four sessions for 1.5 hours each session. The UVA OLLI courses included in this document are from the Charlottesville site - Session A: February 2- March 19 and Session B: March 30 - May 15. The courses are held at the OLLI Conference Women and several other locations, including Meadows Presbyterian Church, Westminster Canterbury, Covenant Church of God, Senior Center, The Lodge at Old Trail, Cavalier Inn, the Kluge-Ruhe Aboriginal Art Museum, and Success Studio.

OLLI Office at UVA Charlottesville: 1160 Pepsi Place, Suite 114 Charlottesville, VA 22901. Phone: 434-923-3600 or 877-861-9207 (toll free). Email: olliuva@virginia.edu.

The Albany Guardian Society (AG)

The Albany Guardian Society, <http://www.albanyguardiansociety.org/index.html>, has three semesters: Spring, Summer, and Winter. The courses held during these semesters are divided into the following categories: Caregiving, General Interest, Housing, Legal, and Professional Development. Despite the categories, the overwhelmingly majority of the AG courses have a theme related to older adults/aging and/or healthcare. All the courses are free and do not require a membership. Individuals can simply register online for courses; they only need an email address. AG generally offers less courses per semester (less than 20) than the other institutions listed in this document.

The AG courses included in this document are from the Spring 2014 semester, <http://www.albanyguardiansociety.org/spring14catalog.html>. Most of the classes are held onsite (Albany Guardian Society, 14 Corporate Woods Blvd., Suite 102, Albany, NY) and run between two and three hours. Each course meets once. AG will post the Spring 2015 courses in late March or early April.

The Albany Guardian Society: 14 Corporate Woods Blvd. Suite 102 Albany, NY 12211-2523. Phone: (518) 434-2140. E-mail: director@albanyguardiansociety.org.

Arts

SBU-Advanced Photo and Video Editing Lab This class mostly devotes computer lab time for participants to work on projects. Instruction will be provided on film editing and slide show creation and production. The instructors are Len Sciacchitano and Ginny Bushart. The course is held every Monday for 1.25 hours.

SBU-Drawing From Life Participants observe and draw from nature or three-dimensional objects. The instructor is Partrica Ballan.

SBU-Exploring the Metropolitan Museum of Art Students explore the history and various holdings of the Metropolitan Museum. The students will also discuss special exhibits and related works at other museums including the Frick Collection, the Whitney, Museum of Modern Art and others. The class is taught by Angela Bari and Patricia Ballan.

SBU-Figure Drawing: “Learning to See” Students receive “little or no instruction” and draw using a live model. The instructors are Ariene Lesser, Arlene Goldstein, Dorothy Sterrett, and Judith Stone. The class is held every Friday for two hours.

SBU-Film Forum Full length feature films are shown, followed by a discussion. Old and new and foreign language films are shown. The class is limited to 80 students. The class is held once a month for 2.5 hours, and is led by Thora Wagner.

SBU-Intermediate Stained Glass Workshop This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a co-operative learning environment where members help one another to improve their techniques, sharing ideas and suggestions. The class is every Thursday for 12 weeks, for 3.75 hours. The class is limited to 17 students. The instructors are Tina Sznitken, Suasn Vlahakis, and Diane Streuli.

SBU-Line Dancing The class is “line dance for fitness and fun.” This course is aimed to improve participants’ mental and physical abilities, including balance and agility. The class is every Wednesday at the Tabler Performance Area Room. The instructors are Marvin Karmen and Elanor Karmen.

SBU-Movie Musicals With the coming of sound, American film companies abandoned the silent movie and entered the era of the "talkies." The earliest experiments were musicals: at first, short vaudeville acts, then full-length narratives with music. This workshop will explore the development of the musical film from its beginning to its final flowering. The centerpiece will be a comparison of the films of Fred Astaire and Busby Berkeley who, in contrasting ways, laid the foundation of the American movie musical. The instructor is George Rystar. This “mini-workshop” is for seven weeks, every Thursday for two hours.

SBU-Pigments, Picks and Pixels Students
examine important milestones in the History of Art, which includes the lives, times and techniques of noteworthy painters, sculptors, photographers and architects. The instructor is Merrill Heit.

SBU-Sketching Faces and Caricatures Students draw
“funny faces.” The class is led by David Finnerty, every Thursday for two hours.

SBU-So, You Think You Can’t Draw? Yes, You Can! - Beginners Using
a pencil and sketch pad, students will learn many ways to draw, modeling, line, sketching and contouring. Beginning with one object, and progressing through the workshop to a composition, students will develop their own style. The class is taught by Arline Goldstein and Dorothy Sterrett.

SBU-So, You Think You Can’t Draw? Yes, You Can! - Advanced
This is an advanced workshop in drawing. Students will use pencil and charcoal in black and white (contrast) composition drawings. A prerequisite is drawing experience or enrollment in "So, You Think You Can’t Draw? Yes, You Can! Beginners." The class is taught by Arline Goldstein and Dorothy Sterrett.

SBU-Tragic Theater[NEW] This
class is the second part of a two semester workshop. Students will read and discuss the following 19th and 20th century examples of tragic theater: "The Master Builder" by Ibsen, "Long Day's Journey Into Night" by O'Neill, "Waiting for Godot" by Becket and "A Streetcar Named Desire" by Williams. Participation in Part One of the workshop is not required to attend this class. The class is taught by Arthur Bernstein.

SBU-Watercolor Basics This workshop
is for individuals with little or no background in painting or drawing. Students will learn to use the common tools used in watercolor such as brushes, paper, paint and pencils. Basic drawing and composition will be discussed. Audiovisual presentations and live demonstrations will be followed by practice in creating watercolor paintings. The course is every Thursday for two hours and is taught by Robert Stone.

SBU-Watercolor Studio This studio
workshop is for painters who can work independently. A cooperative environment is fostered by regular, organized critiques and member demonstrations. The course is every Tuesday for two hours and is taught by Judy Stone.

SBU-Woody Allen Part II The
class continues to cover Woody Allen's life, following the class from the previous semester. Material is garnered from various biographies, videos from YouTube, interviews with Woody Allen himself and clips from all of his films. This delve into what is behind his works. The instructors are Sol Gurman and Irma Gurman.

JMU-A1 "Monuments Men" Revisited: Artworks as Prisoners of War

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A1&_ga=1.92481300.862524459.1422035365). This course examines what happens to artworks in museums and private collections during wartime. World War II is the primary focus of this course. The course runs for five (5) sessions, requires Lifelong Learning Institute Membership and a \$35.00 fee. Class is held in the Ice House (Location”).

The course is taught by Dr. Kay Arthur who has taught at JMU for over 30 years and serves as head of the Art History Department. She is also founder of Semester in Florence and head of International Programs. She teaches and researches European Gothic architecture, Italian Renaissance art, and Gothic Revival architecture in the Shenandoah Valley.

JMU-A12 Yes, You CAN Draw!

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A12&_ga=1.201182119.862524459.1422035365). This course is an introductory course to drawing, with an emphasis on still life drawing. The course is limited to 12 participants. The course is taught by Maribeth D. Nolde who is a certified art instructor. Nolde has worked in public school and community settings. She majored in photography at JMU and is a member of a local cooperative art gallery.

JMU-B7 Behind the Scenes at The Heritage Museum

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B7&_ga=1.196415141.862524459.1422035365). Participants literally spend the 10 hours of the course at the Heritage Museum, learning about its history, exhibits, archives, and daily operations. Participants will also develop their own mini-exhibits and memoirs.

JMU-B8 Life Happens: Reflections of Life Through Film

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B8&_ga=1.96126485.862524459.1422035365). The class will view one film per class and engage in in-depth discussion of the main characters in each film. The students will also be encouraged to think about how they’ve dealt with their own life challenges. The course will meet once a week for four sessions, for a total of 10 hours. The instructor is LLI member Dr. Jayne Rynar who holds Master’s and Doctoral degrees in Education. Dr. Rynar served in the NYC Department of Education for 35 years and has taught several classes for JMU’s LLI. Location: American National University.

JMU-B9 Mountain Sounds, Cultures and Stories

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B9&_ga=1.32893623.862524459.1422035365). This course is multi-faceted, examining of the music, voices and cultures from the Blue Ridge Mountains, Shenandoah Valley, and the Appalachians. The course has six instructors: Phyllis and Jim Gaskins, local folk musicians; Clyde Jenkins, a national renowned basket making instructor; Jim Lawson, who comes from a family of Shenandoah “Park People;” Mel Lee, a professional folk musician; and Charles Maddox, a musician and teacher in the JMU Department of Art and Art History. Location: Ice House.

JMU-C4 Creating with Oil Pastels

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C4&_ga=1.262333317.862524459.1422035365). This course teaches drawing and painting techniques using oil paints. The course is limited to 12 participants and requires an additional fee of \$25.00. The instructor is Maribeth D. Nolde. Location: Ice House.

RIT-W2M-Sherlock Holmes on the Radio

Students read the stories and listen to radio programs featuring Sherlock Holmes. The instructor is Lewis Neisner who has been leading Sherlock Holmes courses since 2007. He has been a Sherlockian for more than 60 years and has served as head of Sherlock Holmes societies in Baltimore and Rochester. The class meets for five sessions, two hours per session.

RIT-W9M-Good Golly! It's NOT Bolly!: Satyajit Ray Films Continued [NEW COURSE]

The course examines films by director Satyajit Ray, including the Apu Trilogy. Ray's talent and self-taught filmmaking skills have earned him an Honorary Award Oscar. He was widely considered as bringing the world's very best "literature on the silver screen." The instructor is Nita Genova's who has studied Indian films and Indian film history. The class meets for ten sessions, two hours per session.

RIT-W11T-Flickstory

Students will view and study five award winning films and explore the struggles and strength of the human spirit in Edward R Murrow vs. McCarthyism, Israeli hostage rescue at Entebbe, the plight refugees in Hotel Rwanda, The Autobiography of Miss Jane Pittman, and fracking in The Promised Land. The presenters of this course are Bob Vukosic who will be assisted by guest presenters Bob Getz, Beth Vanfossen, and Jack Kowiak. Bob and the guest presenters are experienced course leaders that enjoy researching topics that have significant impact on older adults' lives and sharing their findings with other Osher members. Each leader will host a film. The class meets 10 times, 1.5 hours each session.

RIT-W15T-Art Outside the Gallery [NEW]

The class will introduce a broad range of art work and raise issues relevant to public space. The course will focus on how public art gets people to interact and raise questions – 'recharges' our response to the world. As an artist and lifelong teacher, Judy Levy became interested in public art while teaching at RIT and has continued exploring this subject by participating in public art projects. The class meets for five sessions, two hours per session.

RIT-W19W-Abstract Expressionism

This course will study the Abstract Expressionism movement of the 1950s. Its main emphasis will be on the lives and works of Jackson Pollock, Willem De Kooning, and Mark Rothko. The instructor is Lewis Neisner who has been leading a wide variety of courses at Osher since 2007, including several on modern art. The course meets for five sessions, 1.5 hours each session.

RIT-W33Th You Be the Critic: A Film Discussion Group

The class will view and then discuss one or two current movies each week. Members will see the movies independently and personally rate them. Everyone is encouraged to participate

and, with a variety of opinions, for lively class discussion. The class is limited to 30, and meets 10 times, two hours each session. The instructor is Burt Freedman, a retired pharmacist and Bea Slizewski, a retired public relations professional. Both instructors have a great love for reading and films.

RIT-W35Th Silents, Please [NEW]

The class will study such masterpieces as *Way Down East*, *Greed*, *Safety Last*, as well as examine how the “silents” differ from “talkies” in various genres. The instructor is Mary Ann Satter, a cinephile who has extensive knowledge of early cinema. The class meets for ten sessions, two hours each session.

RIT-W37F Star Trek [NEW]

The class delves into the three seasons of the original *Star Trek* series. Students will view episodes of the original series and discuss the content of these episodes: as entertainment, as science fiction, and as bearing moral implications that are still relevant today. The cast of the original series will also be discussed, as well as some notable guest stars. The class is limited to 20. The class meets for 10 sessions, 1.5 hours each session. The instructor is Linda Klimek, a retired school counselor who has been a “Trekkie” for 49 years. Bob Hilliard is the other instructor; he is a retired educator who enjoys Osher trips down “memory lane.”

RIT-W39F Good Golly! It’s Bolly!: Bollywood in Hollywood

Bollywood has been accused of copying American films. Now Indian actors and producers are successfully crossing over into the Hollywood film industry and making English language films for the American audience. The class will view several films that have made this transition. Nita Genova is the instructor. The class meets for ten sessions, two hours each session.

UVA-A14 Those Were the Days: Sampling of Six Films Set in the 1930s and ’40s Harold S. Horan and Ed Murray

The class will focus on several themes of the 1930s and 1940s, including The Great Depression, WWII and Nazism. The following films will be shown: *Places in the Heart*, starring Sally Field, Danny Glover, John Malkovich, Ed Harris (1985); Elia Kazan’s *Wild River*, starring Montgomery Clift, Lee Remick, Jo Van Fleet (1960); Bob Fosse’s *Cabaret*, starring Joel Grey, Liza Minnelli, Michael York (1972); Steven Spielberg’s *Empire of the Sun*, starring Christian Bale, John Malkovich (1987); John Huston’s *Heaven Knows, Mr. Allison*, starring Deborah Kerr, Robert Mitchum (1957); *Something the Lord Made*, starring Alan Rickman, Mos Def, Kyra Sedgwick, Mary Stuart Masterson (2004). The class meets six times, three hours per session. The class is limited to 75.

Hal Horan is the instructor. He is a retired Presbyterian minister and a self-declared “flickaholic.” Horan retired to Charlottesville several years ago with his wife, Diane, after a career as a documentary film producer. Horan has taught several film courses at UVA’s OLLI.

UVA-A18 Theatre and the Spirit of Reform [NEW]

The class will examine selected play texts and theatrical movements, both American and foreign, that advanced the cause of reform. Reading play texts as social documents, students will

examine various historical protest/reform movements and trends from stances against war and intemperance to those in favor of abolition, labor organization, women's rights, and other reforms. Secondary sources will also be utilized. The class meets six times and is limited to 30.

John Frick is the instructor. Frick is an Emeritus professor of theatre at UVa. He has written and edited several books on theatre and has served on the boards of several notable theatre associations and societies.

UVA-A22 Painter of Light [NEW]

The class examines the paintings of Jan Vermeer. Three sessions will concentrate on his paintings, followed by one on the forger Han Van Meegeren, and ending with the movie *Girl with a Pearl Earring*. The focus will be "creative seeing and visual thinking, not art history." There are no prerequisites and the class is limited to 90.

Don Fry is the instructor. Currently, Fry works as an independent writing coach. Since 1994, he has taught more than 10,000 writers to write better. Before then, Fry worked as an English professor at the University of Virginia and Stony Brook University, and then in journalism. He headed the writing and ethics faculties at the Poynter Institute for Media Studies in St. Petersburg, Florida, and edited the Institute's series *Best Newspaper Writing*. Fry recently published his 21st book, *Writing Your Way: Creating a Writing Process That Works for You*. He writes novels about World War II and teaches OLLI courses in art.

UVA-A24 Catching Tigers in Red Weather

This discussion-based course will examine such poetic elements as rhyme, meter, and figures of speech, while focusing on the various impressions of each poem. Students will read work by Shakespeare, Yeats, Hopkins, and Dickinson, etc.. The course meets six times, 1.5 hours each session. The class is limited to 25.

The instructor is Patricia Bristowe who has an MA in psychology and a PhD in English literature from Drew University. After 40 years of teaching college courses from Sacramento to Baltimore, she enjoyed teaching for OLLI at UC Davis. Since moving to Charlottesville in 2008, she has taught courses for OLLI at UVa.

UVA-B20 Drawing Basics: Yes, You Can Learn to Draw!

Students learn modern drawing techniques. The class is limited to 15 and meets six times, 1.5 hours each session. The instructor is Dr. Pam Roland, who has worked with Virginia schools for more than 45 years, most often as a teacher of teachers, and was recently the president of the Central Virginia Watercolor Guild. She has been taking and giving art lessons since 1995 and has been mentored by Edith Arbaugh, who previously taught this course.

UVA-B13 Indigenous Australian Art: History in the Making [NEW]

This course will examine history as told through indigenous Australian art. Students will investigate four distinct topics: (1) the "discovery" of Australian Aboriginal art, (2) the art of colonial encounters, (3) the use of art to uncover hidden histories, and (4) how contemporary indigenous art is changing the Australian (and global) art world. The class will meet at the Kluge-Ruhe Aboriginal Art Collection, the only museum in the United States dedicated to the exhibition and

study of indigenous Australian art. The class meets three times, 1.5 hours per session. The class is limited to 15.

The instructor is Margo Smith, the director and curator of the Kluge-Ruhe Aboriginal Art Collection. She has a PhD in anthropology from the University of Virginia and has conducted fieldwork in Central Australia with Aboriginal people. With Dr. Howard Morphy, she coedited *Art from the Land: Dialogues with the Kluge-Ruhe Collection of Australian Aboriginal Art*.

UVA-B32 Sand and Imagination: The Art of Glassmaking from Mesopotamia to Contemporary Glass

Each class in this course will have a different focus. (1) Introduction. Film: *Glass into Dreams*. The first 2,000 years: Glassmaking in the Fertile Crescent. (2) A golden age of glassmaking: The Roman Empire, Byzantium and Islam. Film: *The Glassmakers of Harat*. (3) Stained glass, Venice, and the maturity of glassmaking in Europe and America. Film: *Venetian Dragon Stem Goblet*. (4) Art Nouveau, Art Deco, and studio glass: The artist steps back in. Film: *Dale Chihuly at Pilchuck*. (5) The emergence of glass as art. Film: *Techniques for Glass Making*. (6) Field Trip: Visit to a local collection of contemporary glass. The class meets six times, 1.5 hours per session. The class is limited to 55 students.

The instructor is Thomas C. MacAvoy, the Paul M. Hammaker Professor of Business Administration, Emeritus, at the Darden School of Business, UVA. He retired as vice chairman of Corning Incorporated in 1987 and served on the Darden faculty from 1988 to 1998. His specialties are the management of innovation and technology and the management of strategic alliances. He is a trustee emeritus of the Corning Museum of Glass.

Computer Science

SBU-iPhone & iPad: The Information That Should Have Been in the Box

Participants learn how to get the most out of their iPhone and/or iPad. The class covers the use of the phone, emailing, texting, using the internet, music, using the camera and working with pictures. The class will explore the many Apps available and find the best suited for each participant. Participants will learn how easy it is to use Siri to do so many of the iPhone and iPad functions. Participants will also learn how to get their devices to integrate with each other and their wireless network. Participants should have an iPhone and/or iPad and plan to bring them to each class. The course is taught by Stephen Goldstein.

JMU-A3 Beginner iPad Training

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A3&_ga=1.10458765.7.862524459.1422035365). This course is five (5) session hands-on workshop where participants become acquainted with various Apple products and software, including the App Store, Siri, FaceTime, iCloud, and Apple devices.

JMU-A4 Intermediate iPad Workshop

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A4&_ga=1.28452277.862524459.1422035365). This workshop focuses on syncing devices and social networking sites like Facebook, Twitter and Instagram. Both workshops spans over a course of 10 days and has a fee of \$35. Also, either workshop limits participation to 10 people. Both iPad workshops are also taught in Session B. Kim Torres is the instructor for both iPad workshops. She is a tech professional and has been a store manager at the Harrisonburg Sprint Store for eight years.

JMU-B4 Computer Hardware/Software Maintenance and Operation

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B4&_ga=1.93130388.862524459.1422035365). This course provides a basic understanding of a PC's internal components and general computer function, with a primary focus on PCs using Windows 7. This course does not apply to Apple computers. The course is limited to 10 participants and is held over a course of 10 days for five (5) sessions. Kenton "Mac" McMillen is the instructor. He works in JMU's Information Technology department as a computer support technician.

JMU-B11 3D Printing

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B11&_ga=1.9311182.8.862524459.1422035365). This course/workshop teaches the 16 participants the basics of 3D printing-how to use 3D printers, software, and how to create objects to print. The course is held for two sessions for a total of four (4) hours. The fee is \$7.00. The instructors are Jamie Calcagno-Roach, an Instructional Technologist for the Center for Instructional Technology at JMU; Rebecca Field, an associate professor of mathematics at JMU; and Daniel Robinson, Assistant Director at the Institute for Visual Studies at JMU.

Current Events

SBU-Famous People and Great Interviews of the 20th Century

This class is a study of the most fascinating people of the 20th century, viewed with in-depth interviews by the likes of Edward R. Murrow, Mike Wallace, Barbara Walters, James Lipton, Larry King, Merv Griffin, David Frost, Charlie Rose and others. Each week the class will get up close and personal with famous politicians, actors, philosophers, writers, presidents, etc. Following the interviews, class members will share their thoughts and opinions on the interviewer and person of the day. The course is taught by David Leader.

SBU-Newsroom Season 3

The class will watch all the episodes of the HBO program "Newsroom" shown in season 3. Discussion of the Journalistic issues raised in each episode will follow. Occasionally, guest speakers may add to the course curriculum. After viewing the 6 episodes of Newsroom season 3, a few episodes of "House of Cards" may be shown followed by a discussion of the political issues raised, especially how "dirty" politics is played in Washington. The class also gets to choose what subjects to cover. The course meets for 12 sessions, every Friday. The instructors are Robert Ober and Joyce Levinstein.

SBU-Op-Ed Friday

Participants share thought provoking articles, insight-filled columns, and lively discussion. Op-Ed is a small group of readers and thinkers who will take turns reading or reporting on Op-Ed type material and participating in face-to-face discussion. The class will primarily focus on public affairs, social and economic policy, and social trends. The course is taught by Sylvia Kirk.

SBU-Op-Ed Wednesday

Op-Ed Wednesday provides the opportunity for participants to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for lively discussions by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may just want to sit and listen as everyone gets a chance, face-to-face, to voice his or her own opinion on the subject. The course meets for 11 sessions and is taught by Kenneth Buxbaum.

JMU-B1 Down Rural Roads

https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B1&_ga=1.100401559.862524459.1422035365). With a focus on the Shenandoah Valley, this course addresses the evolution of silos, the architecture and function of old barns (many of which reflect the German and Swiss heritage of their builders), the changing landscape of the farming community, and folk art. The course instructor is Tyre Yancey who is an author and photographer. Yancey's published works include *Vanishing Farms: Tyre Yancey, Locustcrest Farm, and his Photographic Compendium of Valley Farm Structures and RFD Folk Art*.

JMU-C3 Mennonites in the Valley

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C3&_ga=1.3312185.862524459.1422035365). Enrollees of this course will learn about the region's Mennonite groups mostly from up-close-and-personal interaction with area Mennonites and trips to Mennonite institutions, churches, schools, businesses, and homes. There is an additional fee of \$18.00 which covers the cost of special meal. The instructor is Phil Kniss, a Mennonite pastor. Location: Park View Mennonite Church.

JMU-C6 Seldom Seen Treasures in Rockingham County

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C6&_ga=1.262408069.862524459.1422035365). This "just for fun" class brings students to various local sites such as a local quarry, an antiques restoration car shop in an old mill, and an abandoned railroad station. The course is limited to 20 participants who must be able to climb stairs and walk a mile on uneven ground. The instructor is Betsy Eggleston who holds a MA in History of American Decorative Arts. Location: Ice House.

JMU-C11 Globalizing Harrisonburg

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C11&_ga=1.2460473.862524459.1422035365). This course will explore a variety of factors that have contributed to the increasing immigrant population and ethnic groups in Harrisonburg in the past two decades. There will be a special focus on the three largest immigrant groups in the local area. Guest speakers will be invited to class. There will be an additional fee of up to \$12 for ethnic foods. The instructor is LLI member Laura Zarrugh, a cultural anthropologist with a Ph.D.. Zarrugh has engaged in ethnographic research on recent immigrants in the Central Shenandoah Valley for the past ten years. She has taught courses on immigrants at JMU, Blue Ridge Community College, and Bridgewater College. Location: Ice House.

RIT-W10T Current Events

This course is intended to encourage others to express their opinions on the issues of the day. It is also intended to expose the participants to other ideas. The instructor is Con Sullivan, who has led other courses, as well as this course, at Osher for several years. The class meets for 10 sessions, 1.5 hours each session.

RIT-W16T The New Yorker Magazine Discussion Group

The New Yorker magazine provides a selection of topics for this class' weekly discussions. Participants prepare by reading as much of the latest issue as possible before class. The class is limited to 14. The class meets 10 times, 1.5 hours each session. Steve Levinson is the instructor. Levinson is a partner in a photography gallery and does board volunteer work.

RIT-W25W Contemporary Events

This course is geared towards those interested in current events and the news of the day. The class explores issues affecting our lives. While the course leader will act as facilitator, members will suggest the day's topics and should bring to class supporting information from any form of media. The class meets 10 times, 1.5 hours each session. The instructor is June Clase, a retired college professor.

UVA-A16 Scandals 2: The Sequel [NEW]

This class is a “sequel” to the overwhelmingly popular (spring 2014) class that explored the subject of scandals in American politics. This class will cover scandals not discussed in the previous class and will include more analysis of the different types of scandals and their consequences for the US’ political system. The class meets three times and is limited to 75.

Jim Todd is the instructor. Todd has a MA, JD, and PhD. He practiced law for a decade and then taught courses in American government, constitutional law, and history for a year at Tulane and for 21 years at the University of Arizona in Tucson before retiring in December 2007 and moving back to Charlottesville. Since then he has taught a first-year American government course and fourth-year seminars for the UVa Department of Politics, as well as a course on ethical dimensions of civic life for UVa’s Batten School.

UVA-A26 So You Want to Start a University in Puntland?

This course will expose participants to the challenges of African economic development through in-depth analysis of a fascinating case study: Puntland’s current efforts to establish its first university. The class will explore the interconnectedness of a range of thorny problems—health, corruption, basic literacy, brain drain, child piracy, standards, security, choice of curriculum model, the Islamic challenge to secular education, gender balance in students and teachers— that have to be addressed before education can be sustainably established. The class meets four times, 1.5 hours each session. The class is limited to 40.

The instructor is Dr. Reid Whitlock, who has been the president of an African university and has taught in several other African universities. He has lived in nine African countries and worked in an additional ten. He has been involved in the development of the economies of these countries at all levels, from village and nomad group to national government and regional development organization. Dr. Whitlock is a former Darden School professor, now retired and currently consulting to Puntland.

UVA-B17 Mixed Media: Conflicting Interest in News

The course assumes that informed decisions are fundamental to a thriving democracy; however, contemporary issues raise the possibility that televised news—in particular—as a basis of information is less than objective. This course will explore current issues in morning televised news, with special attention to probable conflicting interests and allocation of information, emphasizing applied ethics. Presentations as concerns for obtaining fair, impartial, and objective news will be supplemented by contemporary examples of “mixed media.” Students will be asked to “view” TV to provide their own illustrative concerns for class discussion. The class meets three times, 1.5 hours each session. The class is limited to 40.

The instructor is Charlotte McDaniel, who previously taught at Yale, and the University of Pittsburgh, and has retired from Emory University. Her area of expertise is organizational ethics, including authorship of several works (e.g., *Organizational Ethics: Research and Ethical Environments*). She is a Fulbright Scholar with international perspectives on news and democracy, and will add that vantage point to the conversations.

Finance & Business

SBU-Senior Legal Matters

The class focuses on the subject of Wills and will have guest speakers on other topics requested by participants. The course meets for 12 sessions and is taught by Peter Walsh.

SBU-Virtual Investing Club

This workshop will analyze stocks, bonds and other investments. Lessons about investing will be presented. The instructors will share their knowledge, study resources and analyze market changing events. Speakers may be invited. Members of the investing club will be required to report on a current event or an investment during the semester. The club will vote on the amount of virtual money to spend on the investment. There will be weekly updates on the portfolio. The course is held for 12 sessions for two hours per session. The course is taught by Mahlon Lantz, Beryl Long, Pat Pidgeon, and David Long.

RIT-W20W Investment Concepts and Ideas

The class will look at various types of investment vehicles and ways to use them to promote greater financial security, especially for retirees. The class meets for ten sessions, 1.5 hours per session. The instructor is Phil Weisberg, a certified financial planner and registered investment advisor.

Game Theory & Thought

SBU-Advanced Competitive Bridge

This workshop is for advanced players who enjoy playing on a competitive level. Participants are required to play with knowledge of the following conventions: 2/1, 1NT Forcing, New Minor Forcing, Jacoby 2NT, Splinters, Michael's Cuebid, Unusual 2NT, Stayman, Jacoby Transfers, Texas Transfers, Weak Two Bids, Two Club Opener and Responses, 2NT Opener and Responses, Doubles, Inverted Minors, Weak Jump Bids, Limit Bids, and Roman Key Card Blackwood. Lessons to review and refresh participants' knowledge of conventions will be included. There is a charge of \$2.00 per person per session. The course is held every Monday afternoon for 3.75 hours. The course is taught by Bridge experts, Michael Miller, Valerie Reagan, and Laura Kopp.

SBU-Bridge Basics for Beginners

This class is for people who have not played bridge before but are willing to work at learning it. Cost is \$2 per person per session. The class meets for 12 sessions, every Tuesday for 2 hours and 50 minutes. The instructors are Bridge experts, Linda Good and Jackie Harvey.

SBU-Bridge Conventions Review for Advanced Beginners

This course prepares players to move to the intermediate class. Students review one convention each week and then have supervised play. The course meets for 12 sessions for 1.25 hours every Monday. The instructors are Linda Good and Liliane Schwartzchild.

SBU-Business of Sports

The class will screen vintage films, invite guest speakers, and host stories and discussions reminisce about Ebbets Field, Yankee, Shea and MetLife Stadiums, the Polo Grounds, and the Garden. The class will also discuss contemporary sports issues and games of the major sports. The class is taught by Jeff Hollander and Jerry Ebenstein.

SBU-Chess for Beginners

This class is for those with little to no knowledge of how to play Chess. Instruction, discussions, demonstrations, Chess notation, solving simple Chess problems, playing the game (of course), and learning one or two variations of the standard game are all part of this workshop. The class meets every Thursday for two hours, for 12 sessions. The instructor is Morton Epstein.

SBU-Chess Makes Life Better

All skill levels are welcome. The class consists of mastering play strategies in under 30 minutes and tournaments. The class is held for 12 sessions, every Wednesday for 2.75 hours. The instructors are chess experts, Frank Strakosch and Steve Kelman.

SBU-Duplicate Bridge

This workshop provides students an opportunity to enhance their bidding, play, and defense in a duplicate bridge environment. Participants are expected to know and utilize common

conventions and concepts covered in previous OLLI bridge workshops. Additional instruction will be provided to reinforce skills. The course is held every Tuesday for 2.75 hours, for 12 sessions. The instructors are bridge experts, Arnold Fox and Sherry Shore.

JMU-C9 Chess: The Game of Kings

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C9&_ga=1.5031354.862524459.1422035365). Students are taught about the history of chess, how to play, game strategies, the nature of chess ratings and chess club ladders. Students will have opportunities to play in small tournaments. Online resources will be used in this course. The instructor is Dr. Ray Schneider who is a Bridgewater College Professor Emeritus and member of the United States Chess Federation. Location: Virginia Mennonite Retirement Community.

UVA-A35 Intermediate/Advanced Duplicate Bridge [NEW]

The course, presented in collaboration with the Jefferson Bridge Association, will build upon basic concepts in duplicate bridge. This will include modern conventions and card play. Students will be asked to work on strategies both individually and together in a group setting. The course will include some lecture time mixed with group discussions. The class meets six times and is limited to 40.

Michael Lane is the instructor. Lane has more than 30 years of experience playing duplicate bridge and is close to the level of Gold Lifemaster. He has taught bridge to more than 100 individuals and has won many local and regional bridge titles.

History & Politics

SBU-Dead Sea Scrolls - Part I

The Dead Sea Scrolls have been described as the most significant archaeological discovery of the 20th century. Students will learn of their background, the community that produced them, and the relationship to early Christianity & Rabbinical Judaism, and also the conflicts experienced in bringing them to light in our own times. This workshop is intended for members who have not attended the workshop given in Fall 2014. The instructor is Peppi Schwartz.

SBU-Dead Sea Scrolls - Part II

This workshop is a continuation of the workshop given in Fall 2014. It is most appropriate for those members who are familiar with the material already covered regarding the background of the scrolls discovery and origination. The instructor is Peppi Schwartz.

SBU-First Century Palestine [NEW]

The course will begin with Daniel's 2nd & 7th Prophecies, moving through the Hasmonean Dynasty (The Maccabees) to the introduction of Pompey and the Siege of Jerusalem. The class will cover the nature of the Romans, Tiberius Caesar, Herod the Great, and Pilate, etc.. There will also be an overview of the destruction of the Second Temple (70 CE) to end with Jesus of Nazareth, Saul of Tarsus and the movement to Christianity. The instructor is John Molfetta.

SBU-Food: A History Part II

It has been said that civilization began with our quest for food and it is this quest that has influenced the course of human development. In Part II, the class will continue with the Great Courses DVD on food history starting with the Middle Ages and progressing to colonial cooking. This is not a cooking class but foods may be brought in that relate to the lesson. A class tour of the Stony Brook grist mill may be arranged. The instructor is Peter Akras.

SBU-History of England: The Stuarts

Starting with the accession of James I in 1603, the class will consider the main events in English history during the years of the Stuart Dynasty. Each workshop session will begin with a video and continue with class discussions. The class is held for 12 sessions. The instructor is David Gable.

SBU-History of the Middle East, the last 1000 years

The class will start with the Turkish invasion that triggered the Crusades, and then cover the Ottoman Empire whose policies planted the seeds of the modern problems. Then the class will discuss the 20th century upheavals and review the current state of affairs and what it means for the future of the region. The class is held for 12 sessions. The instructor is Theo Pavlidis.

SBU-Israel's Wars of Survival

This class will cover three wars which Israel fought in; The War of Independence of 1948-1949, The Six Day

War of 1967, and the Yom Kippur War of 1973. Study will also include the recent, Gaza Conflict. The class is held for 12 sessions. The instructor is Robert Weiss.

SBU-Israeli Literature....My Promised Land by Ari Shavit

This compelling non-fiction book is an honest attempt by a renowned Israeli journalist to provide its readers with "a portrait of a small, vibrant country living on the edge, whose identity and presence play a crucial role in today's global political landscape." Shavit's book is provocative and has attracted attention in and outside of Israel. Tom Friedman has recently referred to this book as a must read and has called on both Obama and Netanyahu to read it. Each class session will involve discussion of one to two chapters at a time. The class is held for 12 sessions and is taught by Richard Rubin.

SBU-Law and Politics

The class includes discussion and guests dealing with topical events of the day. Political actions, judicial actions, etc. The course is held for 12 sessions and is taught by Paul Knell.

SBU-Nuclear Security and Counter-Terrorism

Why do so few countries have nuclear weapons? How has the United States helped Russia better secure nuclear materials? The class will address these and related topics in this workshop. The course is held for 12 sessions and is taught by Leslie Fishbone.

SBU-Russia Resurrected

We'll finally get the wall up, and move on to the discovery of missiles in Cuba (weather & Mr. Putin permitting). We'll continue to try to understand our cold war redux, and whatever happened to Hillary's reset button? The course is held for nine sessions and is taught by Kenneth Geils, Dana Geils, Larry Helner, and Richard Cunningham.

SBU-The Cause: A History of the American Revolution---Part III

The class will continue its examination of the history of the struggle by the new United States of America to establish their independence against Great Britain. It is not necessary to have attended the previous workshops. The course is held for 12 sessions and the instructor is Karl Demuth.

SBU-The Other Side of History: Daily Life in the Ancient World

This course takes a look at Roman, and medieval pilgrim life. The course focuses on the 99% of ordinary people whose names don't make it into the history books—but whose lives are no less fascinating than the great leaders whose names we all know. The instructor is Professor Robert Garland, Colgate University. The course is held for 12 sessions and is taught by Wayne Snell.

SBU-World War II

This class will continue to concentrate on the Atlantic & European theater of the war and continue to convey the efforts of the British, the USA and the Russians in combatting the serious threat of the German Nazi State. The course is held for 12 sessions and the instructor is Daniel Hensen.

JMU-A8 Abraham Lincoln: His Life and Presidency

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A8&_ga=1.36906409.862524459.1422035365). This course examines President Abraham Lincoln's early life, family, political career and public service, and his legacy. The course is taught by the President Emeritus of Bridgewater College and lawyer, Phil Stone.

A11 Introduction to Constitutional Law

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A11&_ga=1.100323095.862524459.1422035365). This course is a survey course of the U.S. Constitution and the branches of government. The course is taught by Harrisonburg attorney Beth C. Driver.

JMU-B5 History of Jewish Life in the Central Shenandoah Valley

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B5&_ga=1.268641016.862524459.1422035365). The course explores the Jewish community in the Central Shenandoah Valley since the middle of the 19th century. Documents and artifacts from the archives of Beth El Congregation will be used, and students will tour both the Synagogue and Beth El Cemetery. Members of the Jewish community will also provide commentaries, sharing their life experiences. The course is taught by LLI member Bill Ney, whose family has been operating clothing stores in the Valley since 1868. LLI member Any Kohen, a Professor Emeritus in Economics at JMU; and Dan Bly, a retired history professor from Bridgewater College, will also teach this course.

JMU-B10 Archaeological and Historical Perspectives of the Valley at War: 1864

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B10&_ga=1.28692149.862524459.1422035365). The major battlefields in the Valley during the Civil War in 1864 will be examined in both historical and archaeological perspectives. The instructor is Clarence Geier, a retired Professor Emeritus of Anthropology at JMU. Dr. Geier is the senior editor of five books on military sites' archaeology and the historical archaeology of the American Civil War. Location: Sunnyside Retirement Community Allegheny Room.

RIT-W1M The American Revolution and the French Revolution: Tom Paine and Edmund Burke

Burke and Paine both supported the American Revolution but disagreed violently over the French Revolution, both of which foreshadow the current disagreements between the Left and the Right. Students will read and discuss a current commentary on Tom Paine's and Edmund Burke's respective views. Tom Low is the instructor. He leads a series of courses on classics of ethics and politics (most recently Plato's Republic and Tocqueville's Democracy in America). This course focuses on the 18th century. The course is held for 10 session, 1.5 hours each session.

RIT-W7M The Erie Canal: Clinton's Ditch and Beyond

The class will discuss the history of the Erie/Barge canals and how the first transformed into the latter; the construction endeavors including problems encountered; the impact of the canal system on various aspects of society; and the music and architecture relating to the canal. There will be some guest speakers.

The instructor is Kathy Hayes who lived below the Great Embankment, in Bushnell's Basin, for more than three decades and traveled the towpath a great deal. When the Eerie Canal collapsed in 1974, she was motivated to learn more about its history. The class is held for 10 sessions, each session is 1.5 hours.

RIT-W13T America in the Gilded Age [NEW]

There is more to the Gilded Age than the Robber Barons. Booming industrialization created the modern corporation, technology advanced at a breath-taking pace, and masses of workers and immigrants moved to cities. This kaleidoscopic view of our history from 1870-1900 will focus on Americans struggling toward the same goal: a better way of life. The class is taught by Debbie Huff, who is a veteran course leader and history buff. The other instructor is Chris Ryan, a retired librarian with a lifelong interest in history, is particularly interested in how the ideas and decisions of the 19th century affect our world today. The class meets for 10 sessions, 1.5 hours per session.

RIT-W18T Rivers Run Through Us: Great American Waterways [NEW]

The class will discuss a different river system each week: the Mississippi, Colorado, Great Lakes/St. Lawrence, etc. Each river will be examined from many perspectives: geography, music, culture, historical events. Members are encouraged to share their own travel experiences. The class meets 10 times, 1.5 hours per session. The instructor is Timothy McDonnell, Osher course leader since 2006, and an adjunct professor at MCC and the coordinator of the New York Geographic Alliance. He has led courses at Osher on geography, astronomy, photography, and New York history.

RIT-W29ThHistory of Ancient Mesopotamia: 2300 B.C. – 323 B.C. [NEW]

The focus of this course is the interaction between the Eastern and Western empires that surrounded Mesopotamia specifically the Assyrian and the Persians. After the defeat of the Persians by Alexander the Great in 323 B.C., no other ruler was able to control these lands again. The class is taught by Marie Levin, who after a 35-year career in clinical laboratory science, now studies history. She has led courses on the history of China, Egypt, Greece, Rome, Japan, the Vikings, Russia, and Events That Changed History. The class meets five times, 1.5 hours each session.

RIT-W30Th History of Ancient Japan

This course chronicles Japanese history from the earliest settlements (5000 B.C.) to 1868. Presented will be the establishment of Imperial rule under the Yamato clan, the transfer of power from emperor to shogun, the isolation of the Edo period, and the industrial development of the Meiji Restoration. Marie Levin teaches this course. The class meets five times, 1.5 hours each session.

RIT-W38F The Ancient Civilization of the Maya [NEW]

The class will explore the ancient Mayan civilization from its appearance over 2000 years ago, through its spectacular rise, to its ultimate decline and extinction following European contact in the 16th century. Major topics include political/social organization, art, architecture, conflict, religion, mythology, technology, and the archaeological study of Mayan culture. The instructor is Bill McLance, who retired after a career as a Marine Corps officer, journalist, college teacher, and psychologist. Bill McLane has done archaeological research in Mexico and

Guatemala through the Museo Nacional de Antropología and University of Pennsylvania. The class meets for 10 sessions, two hours per session.

UVA-A12 The American Civil War in Virginia, Gettysburg, and Antietam, Part I (Option 1) [New] This course

will cover the Civil War in Virginia, as well as the battles at Gettysburg and Antietam. Guest lecturers (renowned historians) will visit the class. The class will view several DVDs on the Civil War including the Ken Burns' series. Participants will also be encouraged to share family Civil War history. The class meets for four sessions, 1.5 hours each session. The class is limited to 35 students.

Jim Donahue is the instructor. He is a civil engineer and a retired Coast Guard officer who became interested in the Civil War several years ago. He has taken Encore Learning (Arlington, VA) Civil War courses and has been an OLLI at UVa Civil War instructor for several years. He is not an historian or a Civil War authority.

UVA-A21 Jefferson—Then and Now [NEW] In this

four-session course, students learn about Thomas Jefferson's life. The class will cover the following topics: (1) Jefferson and education; (2) Jefferson and the Bill of Rights; (3) Jefferson's issues; and (4) Jefferson and his friends. The class is limited to 60. Tom Pitz is the instructor of the course. Pitz is a resident of Orange County, Virginia, and attended UVA.

UVA-A27 The American Civil War in Virginia, Gettysburg, and Antietam, Part I (Option 2) [NEW] This

course will cover the Civil War in Virginia, as well as the battles at Gettysburg and Antietam. Classes will include DVD lectures by renowned Civil War historian Professor Gary Gallagher, UVA, as well as Ken Burns' series. Excerpts from *Battle Cry of Freedom: The Civil War Era* and other resources will be read, and the History Channel's Civil War DVD movies of battles will be shown. Class discussion is encouraged, especially the sharing of family Civil War history. Jim Donahue is the instructor. The course meets five times, 1.5 hours each session. The class is limited to 12.

UVA-A32 The History and Archaeology of Thomas Jefferson's Poplar Forest This course will introduce learners to Thomas Jefferson's second home, Poplar Forest. Considered by Jefferson as one of his most valuable possessions, this octagonal home was built by the third president at the center of this 4,000-acre tobacco plantation to be used as his private retreat in retirement. During the course the class will discuss the unique history of the property and the full-time archaeological research used to reconstruct the retreat and better understand the plantation. The class will focus on the ways archaeology is helping us better understand Jefferson's skills as a landscape designer, his personal life while in residence, the environmental impact of plantation agriculture, and the personal lives of the enslaved laborers working in the fields and house. The class meets four times, 1.5 hours each session. The class is limited to 40 students.

The instructor is Jack Gary, director of archaeology and landscapes at Poplar Forest, where he implements all phases of archaeological research and laboratory analysis. Prior to his tenure at

Poplar Forest, he was an archaeologist at the Andrew Fiske Center for Archaeological Research at the University of Massachusetts Boston. Mr. Gary received his master of arts in historical archaeology at the University of Massachusetts Boston and his bachelor of arts in anthropology at the College of William and Mary.

UVA-B12 The American Civil War in Virginia, Gettysburg, and Antietam, Part II [NEW]

Same description as UVA-A12 The American Civil War in Virginia, Gettysburg, and Antietam, Part I (Option 1). The instructor is Jim Donahue.

UVA-B14 James Monroe, Last Founding Father Dennis Bigelow James

Monroe, the closest political associate of Thomas Jefferson and James Madison, was the last Revolutionary War-era president, closing the work of the “Founding Fathers.” He secured our borders and gave the people of the United States a sense of territorial integrity and national identity. This course will cover Monroe and the Revolutionary War, Monroe and the Constitution, and Monroe and foreign affairs, including his role as the lead negotiator for the Louisiana Purchase (doubling the size of our country), followed by an examination of the Monroe Doctrine (the bedrock of America’s foreign policy) and its implication for the United States today. The final class will be a field trip to Ash Lawn, the home of James Monroe, with a guided tour. The class meets three times, 1.5 hours per session. The class is limited to 40.

The instructor is a Fortune 500 communications specialist and a Screen Actors Guild performer, Dennis Bigelow. Bigelow has anchored “Today in Banking” for Satellite Conference Network and was a spokesperson for USA Today. He was vice president of New York City’s Veteran’s Hospital Radio and Television Guild, providing drama therapy to hospitalized veterans. Dennis has taught history through Louisa Teamworks.

UVA-B18 Native Americans in a European-Based Society

In four meetings, guest experts will share their knowledge of Native American tribal cultures and how these cultures were affected by the incoming Europeans. The class is limited to 40 students and meets for 1.5 hours each session.

The instructors: Karenne Wood is an enrolled member of the Monacan Indian Nation. She directs the award-winning Virginia Indian Heritage Program at the Virginia Foundation for the Humanities. She is a PhD candidate and Ford Fellow in anthropology at the University of Virginia, where she works to revitalize indigenous languages and cultural practices and to revise American Indian content in educational resources. Dr. Jeff Hantman holds a PhD in anthropology from Arizona State University and is an associate professor in UVA’s Anthropology Department. He is an anthropological archaeologist who conducts research in the Eastern United States, principally in the Chesapeake Bay/Middle Atlantic region. Mary McConnell lives in Summer Duck Weed Farm in Rapidan, Virginia, with her pack of field-trial setters and herd of Choctaw horses. She earned a BA at Bryn Mawr College and a master’s and PhD in anthropology from UVA. Rob Speiden grew up on a farm in Orange County, where his outdoor activities led to development of his tracking skills. He founded the Natural Awareness Tracking School (NATS), teaches for the Virginia Department of Emergency Management, and is the author of Foundations for Awareness, Signcutting & Tracking.

UVA-B24 Some Aspects of the History of the University of Virginia Alexander The title of the course is deliberate—Mr. Gilliam wants to avoid attempting a lineal history of the University. In addition to the three classroom lectures, there will be two field trips: a walking tour of the central grounds of the University and a shorter tour of the University cemetery, with comments on those buried there (including two University dogs). The course meets five times, 1.5 hours each session. The class limit is 75.

The instructor, “Sandy” Gilliam is an alumnus of the University, from a line of alumni going back to its earliest days. He returned to the University in 1975 as assistant to President Hereford and has had an “Assistant to the President” title, in one form or another, ever since. He served as secretary to the Board of Visitors from 1991 to 2009, when he became the University’s history and protocol officer, a position he still holds.

UVA-B26 The American Civil War in Virginia, Gettysburg, and Antietam, Part II (Option 2) [NEW] For description, see Part I, Option 1. The class is limited to 12. Jim Donahue is the instructor.

UVA-B30 The World in 2015 and US Foreign Policy: America at a Strategic Crossroads in Foreign Policy [NEW] This course will be conducted as both lecture and seminar. The first session will be a lecture and class discussion of the state of world politics in spring 2015. The second and third sessions will focus on US foreign and strategic policy in Europe, the Middle East, and East Asia. The class will divide into teams of five or six participants to work on scenarios, prepared by the instructor, that analyze the complexities of policy formulation at the President’s National Security Council, as well as on the role of Congress. The class meets three times, two hours each session. The class is limited to 40.

Donald Nuechterlein is the instructor. He was a naval officer in World War II. During his long government career, he served in US military government in Germany, in the Department of State (in Washington, Iceland, and Thailand), and in the Office of the Secretary of Defense. Until his retirement from federal service in 1988, he served on the faculty of the Federal Executive Institute in Charlottesville and taught US foreign policy at the University of Virginia. His PhD is from the University of Michigan (political science and international relations). He has lectured at universities in Canada, Great Britain, Germany, and Australia. Dr. Nuechterlein is the author of nine books on US foreign policy and writes a monthly column on foreign affairs for several Virginia newspapers.

Languages

SBU-Continuation of Spanish I

The class will study vocabulary and phrases. Emphasis will be on speaking simple phrases. The required text is "Learning Spanish the Fast and Fun Way," 3rd Edition by Gene Hammit and Haywood Wald. For members who have completed chapters I - VIII of the text book. The class is held for 12 sessions and the instructor is Aura Bahr.

SBU-French Conversation

This course is conducted entirely in French. New members should have studied the language for at least four years. During the first part of the class, there will be guided conversation, followed by students presenting their dialogues for the benefit of all of class members. The class concludes with reading and discussing nouvelles by Maupassant. The instructors are Cornelius McDonnell and Catherine McDonnell.

SBU-German Conversation

Continuing to build on our basic vocabulary, the class will expand and practice speaking German and learning about the German speaking countries. A variety of media will be used. "Spielen, Sprechen, Lachen und Lernen". Play, speak, laugh and learn. A willingness to learn is the only requirement. The instructor is Eric Lohse.

SBU-Ici on parle français!

This is an elementary French workshop intended for those who have some basic knowledge of the language. The class will continue study of basic vocabulary, structures and grammar as students develop their language skills. The course is organized around topics, and the stress is on listening and speaking. The use of a CD program, videos, handouts and crossword puzzles will aid in the learning process and contribute to the fun. Students will sing French songs and participate in short skits. Cultural topics related to the material at hand will be discussed. Venez, apprenez, et amusez-vous bien! The instructor is Catherine McDonnell.

SBU-Italian - Beginning to Intermediate [NEW]

The class is for those who already know common words and phrases, and perhaps some conversational Italian. The class is taught by Angelo Sabatelli.

SBU-Language and Culture

Students will study the origin of words and of common expressions. The class will also examine locutions from other languages used in English. In order to increase vocabulary, students will learn Latin and Greek roots, and create our own neologisms. Members of the class who have knowledge of other lands, will be encouraged to share their experiences with the class. The instructor is Cornelius McDonnell.

SBU-Latin for Reading

This course is a continuation of the fall semester, with each class having a grammar and a Latin literature component. Students who wish to join the class can "catch up" looking at the material on the website. The instructor is Thomas Hayes.

SBU-Not Miss Grundy's Grammar Part II

Continuation of Not Miss Grundy course from Fall of 2014. Open to all who have completed Ehrlich's English Grammar - Third Edition through chapter 3 - page 75. Students will use a work book, Theory and Problems of English Grammar-Third Edition by Eugene Ehrlich. The instructor is John Cooney.

SBU-Spanish for Intermediates

The class will continue to study vocabulary, phrases and expressions and culture of the Spanish-speaking world. Emphasis will be on speaking and conversations, learning proper pronunciation and reading, together with essential grammar. The required text is, "Learn Spanish the Fast and Fun Way" 3rd edition, by Gene M. Hammitt and Heywood Wald. Prerequisite: Chapters 1-19 completed, or equivalent. The class is limited to 25 students. The class is held for 12 sessions and is taught by Celeste Sachs.

SBU-Yiddish Conversation and Culture

Students will expand their vocabulary by creating dialogue. The class will discuss issues of culture and customs. The instructor is Myra Friedman.

JMU-A7 French on the Go

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A7&_ga=1.263924613.862524459.1422035365). The course provides basic French language (written and spoken) instruction and learning about French culture. It is described as a “survival kit to communicate in French when traveling abroad.” The course is limited to 15 participants. The instructor is Paris-born Chantal Logan who has a M.A. in Linguistics and a Doctorate in Comparative Literature. She has taught for 20 years in the US at different universities. Currently, Logan teaches at Blue Ridge Community College.

RIT-W32Th Vecinos al Sur de Nuestra Frontera [NEW]

This is an intermediate-level Spanish conversation course. The class will choose four Latin American countries to discuss in Spanish. Homework will be related to researching various aspects of the chosen countries and reporting back in Spanish. The class meets 10 times, 1.5 hours each session. The instructors are Susan Thomas and Kathy Lewis, both of whom have taken several of Roz Rubin's Spanish courses. They volunteered to keep Spanish alive and well at Osher in the winter so that they could continue getting acquainted with their classmates while having interesting conversations in Spanish.

Literature & Writing

SBU-Art of Short Stories

For the first meeting, a short-short story will be provided for reading and discussion. Thereafter, each week the group will consider two stories from a short story anthology available for purchase in class. The class is held for 11 sessions and is taught by Kelly Ingeborg.

SBU-Digesting a Good Book

This is a collaborative workshop, with members selecting books of fiction, non-fiction, and biography, then facilitating the discussions. The class is held for three sessions. The instructor is Dana Geils, and at least one published guest speaker will lead the class.

SBU-Flash Fiction

Students write short fiction during class time. They “think it, speak it and write it in a flash.” The instructor is Eileen Lohse, Rita Edwards, and Marjorie Fischer.

SBU-History Through Literature

This course considers history as a good source of novels that illustrate the eternal aspects of the human condition. This workshop will focus on the following works: "Flight Behavior" by Barbara Kingsolver; "Things Fall Apart" by Chinua Achebe; "All Our Names" by Dinaw Mengestu; "The Sandcastle Girls" by Chris Bohjalian; "Remarkable Creatures" by Tracy Chevalier; and "All the Light We Cannot See" by Anthony Doerr. The instructors are Paul Wortman, Rita Adler, Donna Gardner, and Mary Negra.

SBU-International Masters of the Modern Novel

This course is geared to serious readers of great fiction written after 1960 from a diversity of countries and from both male and female novelists. Discussions will focus on literary merits – characterization, scope, and plot chief among them. The class will also place the novels in their historical and cultural context and reference works that inspired them. The first book will be Kiran Desai's *The Inheritance of Loss*. The class will also read novels by Juan Vasquez, Elena Ferrante, Tim Winton and Tsitsi Dangarembga. The course is held for nine sessions and is taught by Lee Marc Stein.

SBU-Joy of Writing

Members present short prose pieces for discussion and critique. Enrollment is limited to 25. The instructor is John Williams.

SBU-Kafka/Wharton [NEW]

Considered will be a short novel by each writer followed by a look at some of their short stories. The class is held for 11 sessions and is taught by Daniel Daly.

SBU-Latin for Reading

Continuation of the fall semester, with each class having a grammar and a Latin literature component. Students who wish to join the class can "catch up" looking at the material on the website (contact the instructor). The class is taught by Thomas Hayes.

SBU-Memoir Writing

Students will be “both storytellers and historians.” The class will work in a group effort in which students “support and critique one another’s work in an effort to produce memoirs worthy of preservation.” The class is held for 12 sessions, every Friday for two hours. The class is taught by Dorothy Shannon and Sheila Bieber.

SBU-Nicolls Road

The class will generate literary works such as poetry, short stories etc., and publish online similar to the Chronicles. The publication will be tentatively scheduled for once a semester. The workshop participants will be the editorial board who will determine the content and format. The instructor is Robert Stone.

Not Miss Grundy's Grammar PartII

Continuation of Not Miss Grundy course from Fall of 2014. Open to all who have completed Ehrlich's English Grammar - Third Edition through chapter 3 - page 75. Students will use a work book, Theory and Problems of English Grammar-Third Edition by Eugene Ehrlich The instructor is John Cooney.

SBU-Poetry Out Loud

The class will continue to explore the beauty and power of poetry through the discussion of poems presented by members of the workshop. This collaborative effort encourages participants to introduce their favorite poets, poems and any poetry related material to the group. The instructor is Florence Mondry.

SBU-Poetry Workshop

This collaborative workshop is a forum for people who are interested not only in the reading, but also in the writing of poetry. Participants take turns leading the weekly sessions. Everyone is invited to write and submit poems for class discussion and thoughtful feedback. The instructor are Virginia Williams and Rosemary Wiesner.

SBU-Poets at Work

A collaborative workshop for those who enjoy reading and writing contemporary poetry, and who want to gain depth and control of their own work. Participants will read their own poems, as time permits, offer thoughtful and respectful feedback to their colleagues, and strengthen their own writing skills in an atmosphere of support and encouragement. The class is taught for 12 sessions for 2.75 hours per session. The instructor is Carol Schmidt.

SBU-The Mystery Novel as Literature

The class will continue to review great modern mystery fiction, and also will branch out and read international writers, then explore the sub-genres of historical detectives, police procedurals, and forensic specialists. The course is held for 11 sessions and is taught by Tasha Greenberg.

SBU-Victorian Novels

To attempt a comprehensive definition of the Victorian world would only raise contradictions. The age was marked by contending forces and ideas, scientific discovery, evangelical ardor and morality, social injustice, rampant industrial laissez-faire abuses, and idiosyncratic vestiges of

Romanticism. The novelists the class shall read, reveal through their conflicted characters the hypocrisy and turbulence of the time. The instructor is Carl Siegel.

SBU-Walt Whitman: America's Greatest Poet

The class will study the life and poetry of Walt Whitman, our greatest Long Islander, stressing his Civil War poetry and his self-sacrificial involvement in that conflict as a non-combatant. The course will focus on the poetry of Whitman found in the final edition (1892) of *Leaves of Grass*. The class will review the events and writings of various periods of his life: his early years on Long Island and subsequent residence in Brooklyn, his heroic work as a nurse to wounded soldiers in Washington during the Civil War, and his final days in Camden, New Jersey. The course is held for 11 sessions and is taught by Elio Zappulla.

JMU-A2 Greek Tragedy or Songs for a Goat

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A2&_ga=1.3989945.862524459.1422035365). This course examines Greek tragedy—its characteristics, definition, and structure and purpose. The course is taught by Sue Nickels, a retired secondary English teacher with an Master's in English from JMU. She taught four years in the English Department and the College of Education at JMU. Nickels also taught four years teaching English in Cairo, Egypt. The course runs for five (5) sessions, for a total of 10 hours. Location: Ice House.

JMU-B6 Who's Afraid of Henry James?

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B6&_ga=1.205188889.862524459.1422035365). The course examines three of Henry James novels and several of his short stories. The instructor is LLI member Robin McNallie who has taught over 20 LLI course, and worked in the JMU English Department for 33 years.

RIT-W3M The Athenaeum Book Club

The Athenaeum Book Club (ABC) is a dedicated group of readers who will meet to discuss *The Warmth of Other Suns* (non-fiction) by Isabel Wilkerson, and the second meeting, to discuss *Orphan Train* (fiction) by Christina Baker Kline. Instructor Mary Jones is a lifelong book lover with special interests in literary fiction and biography. The other instructor is Janice Shapiro, whose favorite things are reading books and discussing them with other readers.

RIT-W5M Memoirs

This class teaches students structure for writing your memoirs, perhaps a worthwhile project during Rochester's wintry months. Instructor Carol Samuel is an enthusiastic veteran Memoirs class leader. A retired obstetrical nurse, she believes there is much convincing evidence today for the value of writing memoirs. The class meets 10 times, 1.5 hours each session.

RIT-W8M Express Yourself in Writing

Students will use their imagination to write short stories on subjects suggested by the course leader and enjoy the opportunity to write stories that they might have mentally composed over the years. There will be in-class critiques and outside writing is expected. The leader/instructor of the class is Pat Edelman, an avid reader and writer and enjoys encouraging others to write. Her work as a librarian has given her an appreciation of books and of the talent required to write them. The class meets 10 times, 1.5 hours each session.

RIT- W14T Short Fiction of Hawthorne [NEW]

The class will discuss short stories and sketches by Nathaniel Hawthorne, published in *Twice-Told Tales*, *Mosses from an Old Manse*, and *The Snow Image* in the context of his time and his life. Some have regarded him as an outsider, distant from the ethos and questions of the American Republic, but this class will question that assumption. The instructor is David Hill. After a career teaching literature and linguistics at SUNY Oswego, David Hill has offered several courses on language and literature at Osher, recently concentrating on poems. The class meets 10 times, 1.5 hours each session.

RIT-W17T Poetic Visions (session I)

Using a seminar format, the class will explore aspects of famous poems and share poems class members have written and enjoyed. The class meets ten times, 1.5 hours per session. The class is limited to 18. The instructor is Gary Lehmann who was twice nominated for the Pushcart Prize, and whose poetry has been published all over the world. His five poetry books include *Public Lives and Private Secrets* and his most recent publication *Snapshots* [2012].

RIT-W21W Mr. Lonelyhearts: Nathanael West [NEW]

Nathanael West wrote in several genres, but is best known for his novels *Miss Lonelyhearts* and *The Day of the Locust*. This course will focus on these works and examine some other writing by West as well as his biography. Required Text: *Nathanael West: Novels and Other Writings: The Dream Life of Balso Snell / Miss Lonelyhearts / A Cool Million / The Day of the Locust / Letters* (Library of America). The class meets 10 times, 1.5 hours per session. The instructor is Ed Scutt, a retired high school English teacher who is working on a full-length one-person script about Nathanael West. He has written two previously produced one-person scripts.

RIT-W23W Shakespeare's The Tragedy of Troilus and Cressida [NEW]

Nothing is fair in love and war, especially not in *Troilus and Cressida*, where betrayal and treachery take place both in the bed and on the battlefield. The instructor is Harvey Granite, who has taught Shakespeare and other playwrights since Osher began. The class meets 10 times, 1.5 hours per session.

RIT-W27W Irish Literature

Pensiveness, levity, musing, caprice, and crotchet are encouraged if not arduously supported. Irish cultural video materials will be included in class. Students will also enjoy Irish culinary delights. Participation includes reading and discussion of prose and poetry by authors such as Flann O'Brien, James Joyce, and Eavan Boland Lugh. The instructor, Jack L. Callaghan endeavors to continue the advancing of the Irish culture and literature at the RIT Athenaeum/Osher Lifelong Learning Institute. The class meets 10 times, 1.5 hours per session.

RIT- W28W Poetic Visions (session II)

For description, See Poetic Visions (session I)

RIT-W31Th Stoner and Butcher's Crossing by John Williams (session I)

Virtually ignored when published in the 1960s, these novels were recently rediscovered to great acclaim in Europe and in America. These novels could not be more different, *Stoner* being an academic novel and *Butcher's Crossing* a revisionist western. However in both novels

Williams masterfully probes the depths of the human psyche. Required Text: *Stoner* by John Williams, ISBN 978-1-59017-199-8 and *Butcher's Crossing* by John Williams, ISBN 978-1-59017-198-1 Instructor, Francia Roe has a master's degree in English from the University of Rochester and taught Advanced Placement Literature and Composition and Advanced Placement Language and Composition for 28 years. The class meets for 10 sessions, two hours per session.

UVA-A13 Three and Three-Modern Short Novels by Women and Men

At each of the six course meetings, one of the following novels by male and female writers will be discussed: *The Awakening* by Kate Chopin, *The Metamorphosis* by Franz Kafka, *Their Eyes Were Watching God* by Zora Neale Hurston, *The Stranger* by Albert Camus, *July's People* by Nadine Gordimer, and *The Assistant* by Bernard Malamud. The class meets six times, for 1.5 hours each session. The class is limited to 25 students.

Dr. Charlotte Goodman is the instructor. She received a BA from Wellesley College and a MA in the teaching of English from Harvard and a PhD in English and American literature from Brandeis University. She taught English at Skidmore College for 26 years.

UVA-A15 Humanities Forum: Discovering Life Studies by Robert Lowell David Lee Rubin [New]

This course will explore one of the most influential books of post-World War II poetry. A selection of his most representative poems will be studied, problematized, and discussed Socratically. The class meets six times, two hours per session. The class is limited to 20.

David Lee Rubin is the instructor. Rubin received a PhD from the University of Illinois. He taught at The University of Chicago before moving in 1969 to UVA, where he is a professor emeritus of French. A Guggenheim Fellow, he has written three books on the early modern French lyric. He also founded and edited two scholarly journals, directs Rookwood Press, and is the principal of Fox Hill Editorial.

UVA-A33 Saints and Sinners: Murder, Madness, and Mayhem in two Eliots and a Fugard [NEW]

T.S. Eliot's *Murder in the Cathedral*, George Eliot's *The Lifted Veil*, and South African playwright Athol Fugard's "Master Harold" will be read by students and openly discussed in class. The class will explore how these authors from diverse cultures—American, British, and South African—dramatically challenge our personal truths and, in some cases, reveal their own autobiographical grappling with imposed values and beliefs. The class meets four times and is limited to 25.

Lois Conrad is the instructor. Conrad has an MA and PhD in nineteenth century British literature and autobiography from Tulane University in New Orleans. At Tulane she served as dean of admissions for 17 years, taught honors sections as an adjunct assistant professor of English, and was the director of the freshman writing program.

UVA-B16 Meeting Goethe [NEW]

This course introduces newcomers to the rich personal and literary world of Johann Wolfgang von Goethe, Germany's greatest poet, as it also welcomes those reacquainting themselves with his life and works. The class meets six times, 1.5 hours each session. The class is limited to 20.

The instructor is Gordon M. Stewart, who retired from UVa and the Department of German in the summer of 2014. He has taught courses on European (particularly German) literature, history, and culture; and he has taught classes for many years for UVa, OLLI, and Semester at Sea.

UVA-B23 Some Melodious Sonnets: The Devotional Tradition in English Poetry Charles Chadwick [NEW]

This five-week course will examine the devotional tradition in English poetry from the seventeenth century to today. The class will closely read selected poems from John Milton, John Donne, George Herbert, and Gerard Manley Hopkins, as well as contemporary poets such as Mark Jarman and his “unholy sonnets.” How has the tradition evolved over time and how is it reflected in the work of poets today? The class meets five times, 1.5 hours each session. The class is limited to 40.

The instructor is Charles Chadwick, who has a BA and an MA in literature and taught adult education courses in literature extensively in Northern Virginia prior to retirement. He taught his first course for OLLI at UVa in 2014 on King Lear. In his career he was active both as a corporate ethicist and as an executive in United States government contracting.

Music

SBU-Learn to Read Music

Students learn the basics of how to read music including rhythms, notation, pitch and timing. The instructor is Neil Bernstein.

SBU-Opera Appreciation for People Who Think They Don't Like Opera

The four workshops will focus on what to look for and listen for in the performance of an opera. The course will cover opera traditions, opera houses, singers, composers and librettists and will focus on three operas for you to see at the MET. The course is a mini work-shop and is held for four sessions, two hours per session. The instructor is Claude Frank.

SBU-Opera, Opera, Opera!

The class will watch videos of opera performances from all the famous opera houses of the world. All performances are shown with English subtitles and feature the famous singers of our own time. The class is led by David Gable.

SBU-Popular Musical Duos and Iconic Artists

This workshop will highlight the personal lives, careers, and music of a variety of accomplished musical artists, including: The Everly Brothers, Tony Bennett, Hall & Oates, Barry Manilow, Abba, Dionne Warwick, the Mamas & Papas and others. Class presentation will include: YouTube videos, Dvd's, Cd's and biographical discussion. The class meets 10 times and is led by Gary Field.

JMU-A5 Swing Music: Where Art Meets Entertainment

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A5&_ga=1.99781399.862524459.1422035365). This course is a survey of the Swing Era-dance, fashion, language, and musical major figures. The class meets for five sessions and requires a \$35 fee. The instructor is Robert Driver, a blues performer/instructor for 35 years. Driver is also a professional musician who has performed on many recording projects and is known on a local radio show, WMRA's "Blues Valley."

JMU-NHB New Horizons Band

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15NHB&_ga=1.238168969.862524459.1422035365). This course is an entry-level music-making class for adults. The class is structured in small group instruction and practice, allowing participants to develop or redevelop their skills and to play band arrangements. The course meets once a week for two hours, and runs for 16 sessions for a total of 30 hours. The course fee is \$130. The course is offered both Sessions. The instructor is Will Dabback who holds advanced degrees in Music, and currently teaches at JMU. Location: Trinity Presbyterian Church.

JMU-C8 American Roots Music

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C8&_ga=1.28573109.862524459.1422035365). In each session of this course, a local expert will present information related to a particular music tradition that is "uniquely American." The history of the music tradition and the musical and cultural impact of that tradition will be examined. These traditional musical forms include Shaped Note and Harmonia Sacra singing, Irish and Scottish musical traditions, the Blues, Jazz, and Rock and Roll.

Instructors: Sam and Jan Showalter are Harmonia Sacra singers and run Harmonia Sacra Society, a not-for-profit organization. Mel Lee has produced and hosted radio programs featuring traditional and heritage music; Irish and Scottish musical traditions are a special interest. Greg Versen is a retired professor of the JMU Social Work program. He hosts a local radio program, “Blues Valley.” Andrew Connellus a professional clarinetist and saxophonist, and an associate professor of Ethnomusicology at JMU. Mr. Connell has a special interest in jazz history. Jim Bishop has a background in journalism but currently hosts several radio shows featuring “oldies from the ‘Golden Age of Rock and Roll.’” Location: Sunnyside Retirement Community.

JMU-A13 Chiclets with Bananas: A Study on Brazilian Music

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A13&_ga=1.28975797.862524459.1422035365). This course examines various Brazilian musical genres, including carnival, samba, and choro. The instructor Dr. Paulo Steinberg who teaches applied piano and piano literature classes at JMU. Dr. Steinberg is a professional musician and currently president of the Virginia Music Teachers Association.

RIT-W6M Choral Masterworks [NEW]

This

course focuses on videos of cantatas, oratorios, masses, and requiems by composers including Bach, Haydn, Mozart, Beethoven, Brahms, and Verdi. The instructor is Richard Mallory who has presented five previous music courses at RIT’s Osher. The class meets for ten sessions.

RIT-W12T The Process of Creating Music

This

course explores how the principles of good music and the use of mathematics lead to our listening pleasure. Class resources include Kapilow’s All You Have to Do is Listen: Music From the Inside Out, and Great Courses’ Music and Mathematics. Format: videos about making music, classroom listening to music, lectures, and discussion. The class meets for ten sessions, 1.5 hours each session. The instructor is Beth Vanfossen, who has led many courses at Osher, including several on music themes.

RIT-W22W How to Listen to and Understand Great Music

This term will begin in the Classical Era and progress to Romanticism, using the Greenberg lectures as core material. The class will study the symphony and the solo concerto, look deeply into Beethoven’s Fifth Symphony and Berlioz’s Symphony Fantastique, and end with 19th century Italian and German opera. The class meets 10 times, 1.5 hours per session. The instructors are Victor Poleshuck and Eric Birken, both are retired physicians with a love of “classical” music and longstanding, if informal, study of music composition and performance.

RIT-W26W Haydn, Mozart, & Beethoven: Music in the Classic Period [NEW]

This class takes a non-technical look at how the Classic Period evolved and how these composers created the most incredible music of their time. Participation will elicit insightful listening. The instructor is Al Mathias who has been teaching and performing music for over 45 years. The class meets for 10 sessions, 1.5 hours per session.

UVA-A25 Mozart’s Women [NEW]

This course

focuses on the women who played important roles in Mozart’s life—his family, friends, singers, lovers, and the women portrayed so vividly in his operas. Students will view clips from many of

his operas, as well: Idomeneo, The Marriage of Figaro, The Abduction from the Seraglio, Don Giovanni, Così fan tutte (The School of Lovers), and The Magic Flute. The class will meet six times, 1.5 hours each session. The class is limited to 40.

The instructor is Donald Loach, associate professor emeritus of music at the University of Virginia, where he taught courses in music history and theory and conducted the University Glee Club and University Singers. He also was conductor of the Oratorio Society of Virginia. He continues to teach a mini-course each semester through the School of Continuing and Professional Studies and has offered courses through OLLI, as well. Dr. Loach received his PhD at the University of California Berkeley.

UVA-A36 Understanding Opera, Part II [NEW] Works to be discussed include Richard Strauss's exotic and sensual Salome and Verdi's beloved Italian classic La Traviata. Students will receive a comprehensive musical and dramatic analysis of these pieces, illustrated with video and audio excerpts. The course is recommended for beginners and aficionados alike. The class meets three times, for two hours per session. The class is limited to 40.

Glenn Winters is the instructor. Winters received his doctorate in music from Northwestern University. He also holds a BM and MM in piano performance from Indiana University. His background includes teaching college-level piano, arts administration at two universities, and extensive performing experience as a pianist. Winters is also an operatic baritone and has appeared with the Virginia Opera and the Operafestival di Roma in Rome, Italy. His original educational opera, History Alive!, premiered in 2007. Winters joined Virginia Opera's education and audience development department in 2004 as community outreach musical director.

UVA-B15 Listening to Music Students will identify music's tonal shapes and structures and see how a composer selects, introduces, organizes, and manipulates them to produce a unique experience in moments of time. The class will examine varieties of sound, melodic coherence, rhythm, texture, and harmony and then move on to explore the composer's means of organization, forms, function, and style. Along the way, the class will be listening intently to excerpts from the works of master composers. The class meets five times, 1.5 hours each session. The class is limited to 40. The instructor is Donald Loach.

Philosophy & Psychology

SBU-Consciousness: Still A Great Mystery

The phenomenon of “consciousness” is explored –its meaning and mystery. Based on a DVD series of lectures by an expert in the field, the class will explore some outstanding questions, including: 1. What do we mean by consciousness? 2. A human brain contains roughly 100 billion neurons, with trillions of interconnections. How does mind emerge from this very complex, yet still "flesh and blood" tissue? 3. Can a sufficiently complex non-living system (e.g., a computer or the Internet) ever exhibit consciousness? The class is held for 10 sessions and is taught by Carter Bancroft.

SBU-"Who Am I" The Building Blocks of Personality

The focus of this workshop is to investigate the basic concepts of personality. Topics to be covered will include traits, genetics, neuroscience, self and identity, intrapsychic aspects, motivation, cognition, and how these elements come together to create a whole personality. The instructor is Susan Jacquin.

SBU-If your feet are cold put on a hat

The nature of this workshop has not been determined, but it has a title. Anyway, why is the nape referred to as the nape “of the neck” when there’s no other nape? And those irritating labels! Carol Channing entered a Carol Channing look-alike contest, but came in second place? Is that even possible? The class will deal with contemporary issues such as, “What if there were no hypothetical questions?” Guest speakers might break up the monotony. At least one reference will be made to Simone de Beauvoir. The instructor is Bruce Stasiuk.

SBU-Am I My Father's Son?

The objective of this workshop is to share experiences and feelings about topics that generally affect men. Members will take turns as moderator. The topics are chosen by the workshop members. Participants are expected to be supportive and non-judgmental. Each will be considered an equal participant in a non-threatening environment. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members. The class is limited to 25. The class is taught by Jim Roth.

SBU-Mothers and Daughters

This is a workshop for women about our mothers. It will give its members a chance to consider the influences of their mothers on their lives, and on their subsequent parenting, if they have children, through selected brief readings and discussions. It is designed explicitly for women but, as with all OLI workshops, it is open to all members. The class is taught by Sheila Blume and Carolyn Edricks.

SBU-Practical Mysticism: or Why Good Enough is Best

Learn about and personalize THE GOLDEN MEME. (The "golden meme" is OK, as in the most instructive "I'm OK Your're OK.") Be in a room with people attempting to generate some wisdom with which as we age to contemplate the waning of our personal efficacy and the possibly very dramatic waxing of our progeny's. The class is taught by Donald Bybee.

SBU-Practicing Mindfulness through Meditation Part 2

Using

The Great Courses DVDs, the class will continue to explore the principles and techniques of meditation and enjoy the deep and lasting benefits of this ancient practice. The class is taught by Mary Ruhe

SBU-Think Jung! Are You an S.B.N.R.?

S.B.N.R. stands for Spiritual, But Not Religious. This workshop explores S.B.N.R.. The class will read and discuss *Psyche and the Sacred: Spirituality beyond Religion* by Lionel Corbett and *When the Heart Waits: Spiritual Direction for Life's Sacred Questions* by Sue Monk Kidd, along with excerpts from *Belief without Borders: Inside the Minds of the Spiritual but not Religious* by Linda A. Mercadante. The class is taught by Paul Wortman.

SBU-Topics in Philosophy

The topics

covered in the fall semester will be reviewed, and further questions about them will be briefly discussed. The metaphysics of Spinoza is a new topic the class will cover. The class will then turn to Epistemology, or Theory of Knowledge. The philosophies of Descartes, Locke, Hume and Kant will be explored in depth. One of the main issues is: must we all be Skeptics about knowledge of the outside world? The issue of mind/brain dualism has been a hot topic in the last 40 years. The class will examine arguments for both materialism and dualism in contemporary philosophy. A recent classic article by Thomas Nagel, *What is it like to be a bat?*, is relevant here. Finally, if there is time, the class will look at the Existentialist philosophies of Kierkegaard, Camus, and Sartre. The class is taught by Natika Newton.

JMU-B12 Rumi's Mystical Views

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15B12&_ga=1.24962483.862524459.1422035365). This course examines Rumi, “the most well-known Muslim mystic in the West.” Rumi’s views on love, human nature, human-God relationship, and death will be examined in this course. The reading material will include his selected poems and two of his books. The instructor is Seyed Amir Akrami who is the first visiting Muslim scholar at Eastern Mennonite University. Mr. Seyed has a Ph.D. in Philosophy and Religion. Location: Ice House Training Room 104.

JMU-C10 Let's Talk about God

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C10&_ga=1.101441928.862524459.1422035365). The course explores the idea of God and ideas of a transcendent reality. The course will rely primarily on Karen Armstrong’s work in *A History of God* (1993) and *The Case for God* (2009). The instructor is Mary Lou McMillin, a member of LLI and a Certified Christian Educator with the Presbyterian Church. McMillin has also served as Resource Coordinator for Shenandoah Presbytery for 31 year and has taught several LLI courses on religious topics. Location: Trinity Presbyterian Church.

UVA-A17 Food for the Soul [NEW]

Participants will be invited to reflect on their own life narratives, share insights and discoveries with one another, and explore a variety of spiritual perspectives, readings, and practices. The class meets six times and is limited to 12.

Gene Locke is the instructor. Locke is a retired Presbyterian minister who, over the course of 40 years, served as a pastor, hospice chaplain, clinical pastoral educator, manager of hospital chaplaincy services, and pastoral counselor in Michigan, Wisconsin, and, Georgia.

UVA-A19 You Say?” Richard E. Mason [NEW] This course is an exploration of the communication process. There will be “one-on-one” student interaction, small group interaction, and some large group discussion. The class aims to recognize the extensive and varying personal experiences of listening behaviors, barriers to effective listening, and verbal and nonverbal habits in listening. Throughout the course there will be many opportunities to practice new skills. The course meets five times and is limited to 18.

Richard Mason holds a master’s degree in public administration from California State University Hayward. He has a BA in American literature from Middlebury College. He has devoted his career to business consulting in both the public and private sectors. During his career, in addition to consulting, he has taught classes in active listening, group dynamics, facilitation, leading effective meetings, stress management, and conflict resolution. Required Materials: Handouts will be provided.

UVA-A23 The Relevance of Guns, Germs, and Steel by Jared Diamond [NEW] This course looks at the 13,000-year history of humankind. The most interesting questions concern the distinctions between societies and why history unfolded differently for people on different continents.

Dave Ridenour is the instructor. Ridenour has taught physics at the community college level and is retired after 25 years as an AP and Honors physics teacher with Albemarle County Public Schools. During his career he was a Fulbright Exchange Teacher to Northern Ireland and an early Peace Corps volunteer in Ecuador. He holds a MA in education from New York University and a BS in mechanical engineering from Case Western Reserve University.

UVA-A29 World-Class Ideas about the State of Humanity Today and Tomorrow This course will deal with current issues, thought and ideas, and humanity. It is anchored by video presentations of “TEDtalks” recorded at the annual TED conference, which began in 1984 and originally was devoted to the converging fields of technology, entertainment, and design. More than a thousand people from all over the world now attend the conference—indeed the event sells out a year in advance—and the content has expanded to include science, business, the arts, and global issues facing our world. The speakers at TED present amazing performances, perspective, and analysis about new knowledge and thinking that is evolving in many fields and which affects how we live now and will in the future. They each have 20 minutes to present the talk of their lives. The class will view, discuss, and supplement some of these talks each week. The class meets four times, 1.5 hours per session. The class is limited to 40.

The instructor is Allen Hench, who holds a BA in governmental administration and a JD (Doctor of Jurisprudence) from Dickinson School of Law in Pennsylvania. He has served as director of UVA Law School’s nonprofit clinic and was a past volunteer with the Miller Center at UVA, doing research for interviews conducted by Charles Signor on “For the Record” on WHTJ. For 33 years he was the owner of a small-town Pennsylvania general law practice concentrating in

estate planning/administration and real estate law. He also was a founder of the Perry Public Policy Forum in Perry County, Pennsylvania.

UVA-A30 Our Changing Forests

This

course will discuss changes to Virginia's forests: (1) During and following the most recent glacier. (2) The impact of Native Americans, particularly from fires they lit. (3) The Colonial period, especially from land clearing and logging. (4) Forest fire impacts and the effect of the near-elimination of fires today. (5) Biodiversity as affected by climate, topography, geology and soils, and human activities. (6) The threat of introduced plants, insects, and diseases. The class meets four times, 1.5 hours per session. The class is limited to 25.

The instructor is Tom Dierauf, who has degrees from Rutgers in general agriculture and from Yale in forestry. His 38 years at the Virginia Department of Forestry included 35 in forestry research. His lifelong interest has been in natural history, particularly ecology and botany.

UVA-A31 The Myths We Love to Believe about the Brain and Some Startling Facts

This class explores human brain function, especially how the brain affects our thoughts, feelings, and motives. For example, do we use only 10 percent of our brain? The class will discuss some of these myths, how they came about, and why we cling to them, and also will discuss some startling discoveries about brain function. The format will be informal lectures with discussion and questions encouraged. The class meets four time, 1.5 hours per session. The class limit is 40.

The instructor is Phil Best, a professor emeritus of psychology at Miami University (OH) and is currently a visiting professor of psychology at UVa. He served as chair of the Department of Psychology and director of the Center for Neuroscience at Miami and as the director of the neuroscience graduate program at UVa. He has studied the way the brain processes information from our environment that enables us to know where we are and how to find our way.

UVA-A34 Exploring Islam and Its Extremists

Students will

learn about the diversity and differences within and the key aspects of the Islamic faith, the importance of events throughout Islamic history that have brought Muslims to the conditions they confront today; how Muslim terrorists use the media to attract recruits and spread fear; the Islamophobia industry in the United States and the damage it is causing in this country; what jihad and sharia really mean; and where Islam is headed. The class meets six times and is limited to 75.

Michael G. Knapp is the instructor. Knapp is a Middle East analyst with the US Army National Ground Intelligence Center (NGIC) in Charlottesville, Virginia. He has worked in US government intelligence research and analysis for more than 30 years, both as a civilian and as an intelligence officer in the US Army Reserve. (He retired in 2002.) Knapp has written several articles on Islamic extremism and Islam.

UVA-A28 The Bermuda Triangle

This course will examine the

many mysterious disappearances of ships and aircraft in the area known as the "Bermuda Triangle" and consider whether there is any reasonable, measurable explanation, such as

meteorological phenomena, magnetic disturbances, or something else that overwhelms the ships or aircrafts. This is a course focused on one of the great modern mysteries of the world. The class meets three times, 1.5 hours per session. The class is limited to 25.

The instructor is Ken Wallenborn, a former flight surgeon in the United States Air Force and for the FAA. He also was an aircraft accident investigator for the Air Force and FAA. He personally has had several near-death episodes in the Bermuda Triangle and has long been fascinated with the many mysterious and usually unexplained events occurring in the area of the Atlantic and Gulf of Mexico so labeled.

UVA-B25 The Myth and Reality of Espionage

This class will compare the craft of espionage as described by several of the finest spy novelists: *The Honourable School Boy* by John Le Carre, *Our Man in Havana* by Graham Greene, *Night Soldiers* by Alan Furst, and *The Tears of Autumn* by Charles McCarry. The class will grapple with the moral questions raised by espionage: the manipulation of other humans; its attempted justification in protection of one's national interest; the long-term corrosive effects of deceit and clandestinity on the soul of the spy; and the attraction of the game of espionage for its own sake. The class meets six times, 1.5 hours each session. The class limit is 75.

Frederick Hitz is the instructor. Hitz is a former inspector general of the CIA. He is an attorney (JD, Harvard), lectures on public and international affairs, and writes for academic journals on espionage. He is a lecturer at UVA and Princeton University.

UVA-B37 Living Peace: The Practice of Active Nonviolence [NEW]

This class will encourage participants to consider the ways in which they understand and react to violence, while introducing the many practical forms of peaceful behavior, both in daily life and larger venues. Class members will be invited to participate actively in discussions and exercises. The class meets three times and is limited to 35.

Norvene Vest is a resident of Charlottesville, and has taught several OLLI courses at UVA. She purposed graduate studies in political theory, theology, and mythology/depth psychology. Vest has been a contributing member of *Pace e Bene*, a Franciscan peace organization, for many years and will use its handbook, *Engage: Exploring Nonviolent Living*, as a primary resource for this course.

Photography

JMU-A6 Contemplative Photography

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A6&_ga=1.205653786.862524459.1422035365). Participants will work with a digital camera and basic photo editing software. The course requires no previous experience in photography. The instructor is Howard Zehr, a professional photographer who has worked in photojournalism and marketing. The course is limited to 20 participants and held at Sunnyside Retirement Community Allegheny Room.

SBU-Advanced Creative Photography

This workshop is for those who have command of both their cameras, and photo editing software, and are looking to express themselves creatively through photography. The class will explore ways to enhance creativity - in camera, in post processing, and in sharing our work through still images including before and after shots, books, slideshows and/or videos. Members will participate by sharing knowledge of techniques including, blending, photo merges, compositing, digital painting, light photography and painting, and more. The instructors are Len Sciacchitano, Doris Diamond, and Ginny Buschart.

SBU-Adventures in Photography and Art

This is a workshop in Art Appreciation. Members of the class submit their images for review by the class. The class discusses the image and then the maker explains the reason the image was submitted. This has proven to be a successful way for the maker to determine if their message has been received by the viewer. The instructors are Martin Kesselman, Bill Hammer, and Charles Kohn.

SBU-Composition in Photography and More

Participants meet to discuss what makes a good photograph and other aspects of photography. Weekly presentations, class discussions, weekly assignments and constructive critique of photos to improve the craft will be a part of this course. Class participation is highly encouraged. The instructors are Kathleen Hinkaty, Maureen Leader, and Angela Bari.

SBU-Lightroom 4-5 Advanced

This workshop is a continuation of the previous course with emphasis on the application of the following modules: Print, Slideshow, Book and Map and will also go more in-depth in the Develop Module, utilizing other plug-ins (Nik and On one). Publishing to other devices such as the iPhone, Facebook, will be demonstrated, as well as the integration of Lightroom with Photoshop. The instructors are Dennis Darvin, Frank Dibenedetto, and Stephen Goldstein.

SBU-Photography Before Photoshop [NEW]

A basic course in the fundamentals of photography including understanding basic camera operations, exposure controls, lighting, color, and other techniques. The purpose of the course is to understand how the new digital, "auto everything" cameras function so that the photographer can exercise control over the final project. The course will include topics that cover all types of

modern photography, including the use of smart phones, "point and shoot" cameras, as well as more professional equipment, such as SLR's and other cameras with manual controls. The instructor is Frank De Rubeis.

SBU-Photoshop 101-102

Students learn the basics of cloning, healing, and artistic cropping, to replacing skies, combining elements of different photos, collaging, creating black and white images, and printing photos. This full year course systematically shows members how to navigate the Photoshop program, not just by demonstrating techniques, but also by providing multiple hands-on opportunities to master its tools. Requirements: Working knowledge of computers, and a current version of Photoshop. Photoshop CS5 will be used. The course meets for 2.5 hours for 12 sessions. The instructors are Janet Golden, Carolyn Ciarelli, Carol Goldstein, and Frank DiBenedetto.

SBU-Photoshop 201 - Intermediate Level (Friday)

This class is designed for those who have taken Photoshop 101 (Beginner Level) or who already have experience with Photoshop. Participants will learn further techniques for editing and enhancing their photos. Each class will include a lesson and demonstration of an intermediate technique(s), annotated notes based on the lesson, and individual computer time to practice. The instructor is Linda Steffens.

UVA-B29 Capturing Quality Landscape Photographs in the Field

The goal of the course is to help persons interested in landscape and nature photography learn how to improve their skills in capturing quality images in the field. The course will provide opportunities to photograph at nearby locations with diverse subject matter. Emphasis will be placed on such important characteristics of strong photographs as composition, balance, lighting, exposure, and sharpness. Three of the five sessions will be held in the field, providing maximum opportunities to shoot photographs. Participants will be expected to be thoroughly familiar with their camera equipment and its usage. Digital cameras with manual override capability may be used by participants. The class meets five times, two hours per session. The class is limited to 12.

Ben Greenberg is the instructor. Greenberg is a lifelong resident of Virginia who has photographed scenic locations in Virginia and throughout the nation for more than 40 years. His landscape photographs have won local and national awards and competitions and have been featured in numerous individual and group shows. His first book, *Natural Virginia*, was published in early 2014 with the University of Virginia Press.

Religion

SBU-Great Figures of the New Testament [NEW]

Students will examine the New Testament “as a great repository of literary genius.” Work by Dr. Amy Jill Levine, who has written “vivid portraits of the characters of the New Testament,” will be studied. Each student must bring a Bible to each class. The class is held for 11 sessions and is taught by Marianne Mione.

JMU-A9 The Shroud of Turin

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A9&_ga=1.264039941.862524459.1422035365). The course explores The Shroud of Turin as either the burial shroud of Jesus Christ or the work of an unknown artificer. The course will examine evidence from perspectives including science, history, medicine, archeology, and religion. The instructor is Dr. Ray Schneider who has been researching the subject since 1976. Dr. Schneider is an active shroud researcher. He has an M.S. in Engineering Science and a Ph.D. in Information Technology. Dr. Schneider has 35 years of experience as a researcher and coordinator of multidisciplinary science research, and is currently a Bridgewater College Professor Emeritus.

JMU-A10 The Bible: We Know What it Says, but What Does it Mean?

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15A10&_ga=1.260252548.862524459.1422035365). The course provides an overview of the Bible and examines and Biblical interpretation. The course is taught by Dr. Ben F. Wade who has three Master’s degrees and a Ph.D. in Systematic Theology. Dr. Wade has been a college professor, dean, president, and provost. He has also taught church school classes for over 50 years.

UVA-E15 The Religious Faiths of the Presidents [NEW]

This is considered a special course, consisting of two two-hour classes held within one week, and requires no course fee. To enroll, one only needs to be an OLLI at UVa member for the spring semester. The class is limited to 75. The first class will cover Harry S. Truman through Ronald W. Reagan. The second class will cover George H. W. Bush through Barack Obama. The class meet twice in one week, for two hour each session. The class is limited to 75 students.

David L. Holmes is the instructor. Holmes is a church historian, and the Walter G. Mason Professor Emeritus of Religious Studies at the College of William and Mary. He has taught also at Carnegie Mellon University and at UVa. He holds degrees from Michigan State, Columbia, and Princeton, as well as honorary degrees from Lycoming College and Hood College.

UVA-B28 Early Christianity and Its Jewish Inheritance [NEW]

This class will show that the relations between the two groups were highly complex and varied widely from place to place. Ultimately, Judaism and Christianity parted ways. How did this happen, and what riches from Judaism did Christianity preserve in its teachings, organization, worship, expectations, and self-understanding? The class meets four times, 1.5 hours per session. The class is limited to 55.

The instructor is Earle Hilgert, professor of New Testament emeritus at McCormick Theological Seminary in Chicago. Holding an AM degree from the University of Chicago and a doctorate in early Christian literature and history from the University of Basel, Switzerland, he has taught in the Philippines, Fiji, Germany, and Romania, and for 10 years was an evaluator of research proposals in religion and philosophy for the National Endowment for the Humanities. His research and writing interests have focused on the cultural and religious environment of early Christianity and the ways in which these factors influenced its development.

UVA-B31 Love Divine, All Loves Excelling: The Christian Doctrine of the Trinity God as Trinity is the unique concept of God espoused by Christianity. But this doctrine often confounds both those inside and outside of Christian churches. This four-session course seeks to explicate the doctrine and its practical implications. The four classes answer these questions: (1) What is the doctrine of the Trinity and why did Christianity develop it? (2) What are its practical implications for Christian understandings of human beings, church life, and society? How do we picture the Trinity in art? (3) How has feminist theology challenged the traditional terminology used to express the doctrine? And (4) How does the doctrine of the Trinity shape Christian liturgy and spirituality? The course does not try to convert anyone to the doctrine. Rather, it tries to explain what the doctrine is and why it has been so central to historic Christianity. The class meets four times, 1.5 hours per session. The class is limited to 40.

The instructor is Gordon Lindsey, a retired Presbyterian minister, has a special interest in the historic Christian doctrine of the triune God. He has done extensive reading on the subject. His academic degrees include a BA from Wheaton College, a diploma in theology from Oxford University, and a master of divinity from Yale Divinity School. Before entering the ministry, he worked in the business world for 30 years. Suggested Reading: A reading list will be handed out at the first session.

Science

SBU-How the Universe Works

This workshop explores key concepts in physics that explain the world. This workshop is for non-physicists that delves into the nature of motion, space-time, matter and gravity from a cultural and historical perspective. The class will examine great ideas and discoveries focusing on Relativity, Quantum Mechanics and Particle Physics. The class is held for 11 sessions and is taught by Angela Bari.

SBU-New York Times Science Seminar

Participants take turns leading the class in discussion, with The New York Times Science section, published every Tuesday, as a guide. The class will also share and discuss “significant” articles from other sources. The class is led by Martin Feller and Mark Salz.

JMU-C2 Our Observable Universe

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C2&_ga=1.199615271.862524459.1422035365). The course is an introductory class to astronomy. The instructor is Shanil Virani, Director of the John C. Wells Planetarium and faculty member in the Department of Physics and Astronomy at JMU. Mr. Virani was appointed a Solar System Ambassador by NASA’s Jet Propulsion Laboratory in 2013. It is also noted, the course has been approved for 10 hours Advanced Training for the Headwaters Chapter of the Virginia Master Naturalist Program. Location: John C. Wells Planetarium, Miller Hall, JMU Campus.

RIT-W4M DNA

The DNA course will cover the chemical and physical nature of DNA: the genetic code. The code will be translated and illustrated as to its method of producing our traits. This course will have some material taught before, but expanded and presented in a different manner. The class meets 10 times, 1.5 hours per session. The class is limited to 55. The instructor is Stan Ertel, a retired science teacher who enjoys teaching about DNA, biking, skiing, and wood working.

RIT-W24W Understanding the Human Brain

This course highlights new research about the structure and function of the brain. The topics covered will include the frontal lobes, hippocampus, neuroplasticity, speech and language, food and the brain, male and female brains, prion diseases, and depression. The class meets 10 times, 1.5 hours per session. The instructor is Alex Marcus, a retired physician who practiced neurology and psychiatry.

RIT-W34Th Current Topics in Science and Technology

Similar to the popular Contemporary Events courses, and following a similar format, this course will focus on events and trends in science and technology. Class members are encouraged to suggest topics for discussion. The class meets 10 times, two hours per session. The instructor are Julian Thomas, who has spent his life working with computers; John O’Sullivan, a retired neurologist; Jean Eliason has a degree in nutrition; and Jim McGrath, a retired chemist and educator.

UVA-A11Genetics Then and Now: From Mendel’s Garden to the Human Genome Project and Beyond

The

class will explore the three questions of a living organism: “How is it built? How does it work? How did it get that way?” The class will also explore the basic structure, functions, and patterns of inheritance in living things. One session will focus specifically on inherited disorders. The class meets for four sessions for 1.5 hours each session. The class is limited to 30 students and is three units.

Eleanore Sturgill is the instructor. Sturgill was educated at Berea College (Berea, KY), Ohio State University, and UVA. She taught biology and chemistry in Charlottesville City Schools for 32 years. Her special interests include the ethical, legal, and social issues (ELSI) of the Human Genome Project.

UVA-A20 Exploring Warmer Waters!

The class will briefly review the geology that forms and influences Bahamian and Caribbean marine ecosystems and discuss the marine major habitats. The class will then survey the organisms and communities that are vital to continued life in those waters. The course meets five times and is limited to 20.

Norma A. Diehl is the instructor. She has an MEd in science from the University of Virginia. Diehl was an instructor/lecturer at Piedmont Valley Community College from 1976 to 2001. She led PVCC field trips to the subtropics and tropics, taught tropical marine ecology for twenty years, and for four years sailed as an onboard naturalist and lecturer for American Canadian Cruise Line cruises in the Bahamas and Caribbean. She also has taught onboard seminar courses for Williams College and Miami University of Ohio.

UVA-B34 Near-Earth Asteroids: Should You Be Afraid? [NEW]

The class will explore several questions related to near-Earth asteroids, including: Why aren't “near-Earth” asteroids in the main belt where they belong? How did they become “Earth-crossing”? How often did they hit the Earth in the past (look at the moon or Northern Canada), and how often do they still do it? Are they potentially dangerous to civilization? What are the odds? What can we do? The class meets five times and is limited to 35.

Dr. Laurence G. Taff is the instructor. Dr. Taff has PhDs in physics and astronomy. He has done extensive work identifying asteroids, including work at MIT's Lincoln Laboratory and developing modern hardware, software, and techniques for asteroid hunting.

Health, Aging, Nature & Recreation

JMU-C1 * May 13 * United Way of Harrisonburg and Rockingham County Day of Caring (https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C1&_ga=1.207883803.862524459.1422035365). Beginning at 8:00 A.M. and ending at 3:00 P.M. on May 13th, the Day of Caring invites the JMU LLI Team and hundreds of volunteers to “give back to the community.” Activities may include yard work, reading to children, planting flowers, painting, delivering meals to vulnerable elders, office work, cleaning windows, or restocking the food pantry shelves. The event is free and open to all. The location is TBD.

JMU-C5 Wine Appreciation - An Introduction

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C5&_ga=1.3441337.862524459.1422035365). The course begins with a discussion of the history of wine in Europe and how wine made its way to America and Virginia. Class members will have the opportunity to taste several different types of wines, mainly from Virginia, and learn how to identify the character of fine wine. There will also be a tour of at least one local winery. There is an additional fee of \$10 to \$20 for wine tasting. The instructor is Jim Benedict, a JMU Emeritus Professor of Psychology and owner of a local vineyard. Location: Ice House.

JMU-C7 Fruits, Shoots, Roots, Blooms, and 'Shrooms: Edible Landscaping for the Valley

(https://aceware.jmu.edu/wconnect/CourseStatus.awp?&course=LLI15S15C7&_ga=1.196929317.862524459.1422035365). The course teaches “how to create an edible landscape suitable to the climate of the Shenandoah Valley and features field trips to a local nursery, Afton Edible Landscaping, New Community Project and JMU's arboretum. There will also be few demonstration recipes involving some of the locally grown produce.” The class is limited to 20 participants and meets for four sessions for a total of 10 hours. The instructor is Nate Miller, a local landscape designer and professor of horticulture at Piedmont Community College. Location: American National University.

UVA-B11 The Botany of Ferns and Wildflowers

Featuring the exquisite images of Kenneth R. Lawless and live material, the class will examine the botanical features that allow one to recognize and classify these plants into families. A familiarity with the morphology evident in these images and plants will allow one to identify a wide variety of ferns and wildflowers in the field. Topics will include the evolution and reproduction of ferns and flowering plants in general terms. The class will take at least two field trips. Also, the students will do several plant dissections in class, allowing them to study the diverse morphology of plants. The class meets four times, 1.5 hours per session. The class is limited to 20.

The instructor is Chip Morgan, who has a BA degree from Wesleyan University (Conn.) and an MD from the College of Physicians and Surgeons. Since retirement he has been an active volunteer with The Wintergreen Nature Foundation and other natural history programs, teaching primarily in the fields of botany and geology. He serves on the Science and Education Advisory Committee for the Foundation. He is vice president of The Flora of Virginia Project, where his primary focus is ferns.

UVA-B19 Dying in America: Myths and Realities Hospice of the Piedmont [NEW]

This course will describe the history of dying in Europe and America and will dispel

current hospice myths. The experienced, professional faculty discusses the role of a “good” caregiver at the end of life, explains the physician’s orders for scope of treatment (POST) process, illustrates the roles of each team member in providing end-of-life care to patients and their families, and provides information and examples of the true hospice experience for families and patients. The class meets five times, 1.5 hours per session. The class is limited to 60.

The presenters: James Avery, MD, is the CEO at Hospice of the Piedmont. Rene Bond, RN, MSW, is a bereavement counselor at Hospice of the Piedmont. Angie Stiltner, MD, is a medical director on staff at Hospice of the Piedmont. Martha Neff-Smith, PhD, RN, MPH, FAAN, is a registered nurse and epidemiologist who is a retired professor of medicine, public health, and nursing. Amy B. Gillespie, RN, MSN, EdD is the director of the Education Institute at Hospice of the Piedmont.

UVA-B21 Community: A Primer in Rural Conservation and Urban Growth [NEW]

Course participants will learn how land conservation, land-use planning, wildlife-habitat protection and restoration, and development of a robust agricultural economy all fit together as necessary components of protecting an intact rural countryside with well-defined and vibrant urban centers. Citizen advocates with background and knowledge of these issues will be better able to participate in growth and development issues impacting their community. The class meets three times, 1.5 hours each session. The class is limited to 40.

The course will be coordinated by Rex Linville, who has worked in the Charlottesville office of the Piedmont Environmental Council for the past 10 years. Rex holds a BS in finance from Virginia Tech and an MS in forestry from Colorado State University. Most of his professional career has been focused on either environmental conservation or education. Presentation and discussions will be led by additional professional staff from the Piedmont Environmental Council.

UVA-B22 Important Health Topics for Everyone [NEW]

The course consists of five sessions, 1.5 hours per session. Each meeting focuses on one topic, presented by a medical expert on that topic. Topics include: The Aging Eye: Macular Degeneration and Other Disorders; Facial Cosmetic Surgery in the Twenty-First Century; Time Is Brain: An Update on Acute Stroke; Common Hand and Wrist Problems; and Alcoholism and Other Addictions. The class is limited to 40.

UVA-B27 Everything You Always Wanted to Know about Wine but Were Afraid to Ask

Each week the class will go over the basics of wine tasting, grape varietals, and wine-growing areas of the world and will enjoy guest speakers from the wine industry. There will be a wine tasting at each session. The \$30 cost for the wine will be collected at the first class. The class meets five times, 1.5 hours per session. The class is limited to 25.

The instructor is Elinor Larkin, owner/manager of In Vino Veritas, a wine shop located just east of Charlottesville. She holds a bachelor of science degree from Allegheny College and has lived in Charlottesville for more than 20 years.

UVA-B33 Navigating Senior Living Options in the Charlottesville Area The course is designed to provide a complete look at the various options available to those 55+ who are planning for, have an interest in, or a need for senior living services. A variety of guest speakers, experienced professionals in the weekly topics, will present during the five-week program. The course is limited to 60.

UVA-B35 CORE Conquering Obstacles and Redirecting Energy in an Aging Population This course meets four times, and each session focuses on a different aspect of health. (1) The first session will include movement assessments of participants' bodies in order to evaluate what each individual should focus on in their workout routine. Postural assessments will be done to judge which exercises to incorporate for strength training. The importance of balance exercises for core strength will be discussed and taught. Finally, stretching, its importance as part of the workout, and what it does for the body will be covered. (2) This session will expand upon the first by taking information from volunteer assessments and explaining how strength movements versus functional movements apply to you. The class will then touch upon cardiorespiratory conditioning: different ways individuals can incorporate it into their workout, what one's heart rate should be, and how to keep it interesting. (3) The class will focus on the mental aspect of one's workout and how to overcome feeling discouraged, life obstacles, or anything that may inhibit one's progress. (4) The final session will go over nutrition: planning meals, making sure one is eating enough in each food group, how to read labels, and any questions participants may have.

Bill and Jana Burnett are the instructors. Bill Burnett, with more than 25 years of experience in the fitness industry, is the managing partner of Bill Burnett's Success Studio. He uses a personal touch and research-driven training methods, while most importantly creating an environment that is non-intimidating, friendly, and knowledge based. Jana Burnett received her MEd in sport psychology from the University of Virginia and has more than 15 years of experience in the fitness industry and life coaching.

UVA-B36 An Open and Inquiring Mind: The Psychological Tasks of Aging [NEW] The class will explore, discuss, and reflect upon the psychological tasks of aging. The course is described as "an intellectual and experiential undertaking." The following subjects will be discussed: integration of experience, unfinished business, childhood dreams, legacy, meaning and purpose, and crossing over. The class meets four times and is limited to 12.

Anna Askounis is the instructor. Askounis was a psychotherapist dealing with marriage and family issues for 30 years. She holds a PhD in counseling from UVa. She previously taught English at the secondary and college levels.

AG-131. Aging in Place: Your Home for Your Lifetime This course explores ways an older adult can 'age in place.' Participants will learn about simple steps one can take that will make their home safe and comfortable, how to maintain their independence. A number of hands-on displays will be available. The course is geared towards older adults, caregivers, and aging services providers. The course is one hour and meets once on location (at the Albany Guardian Society 14 Corporate Woods Blvd., Suite 102, Albany, NY.

The instructor is Susanne A. Kenneally, a Certified Aging in Place Specialist at the Albany Guardian Society.

AG-41. Eldercare GPS: Navigating the Maze of Available Services This course provides information about the services a caregiver needs and the organizations that can help a caregiver take care of an elderly person. The class meets once on site for two hours. The course is presented by Elisa Strole, Senior Services of Albany, Albany, NY.

AG-51. Care of the Caregiver This course focuses on how a caregiver can take care of his or herself, as he or she endures the sometimes tremendous stress and challenges experienced while taking care of another. The course meets on site for two hours. The presenter is Mary Moller, MSW, Eldercare Program Supervisor, Catholic Charities Caregiver Support Services, Schenectady, NY.

AG-171. Frontotemporal Dementia (FTD): Caregiver Challenges Frontotemporal Dementia (FTD), a progressive form of dementia, is increasingly being identified as the disease process afflicting younger adults. This program will provide a discussion about the challenges of caring for a young adult with FTD. The course is on site and two hours long. The presenter is Nancy Cummings, Director of Anne B. & Leon J. Goldberg Alzheimer's Resource Program at Albany Medical Center.

AG-321. Housing for Older Adults: Live Where You Want to Live This course explores senior housing and provides insight on how older adults and their family can make the best choices in senior housing. This class will provide practical information about senior housing options, things to consider as an elderly person or a loved one thinks about housing, and how to start the conversation. The class is onsite and three hours. The presenters are Deborah Damm O'Brien, Executive Director of DePaul Housing Management, Albany, NY; and Ken Harris, Senior Policy Analyst at LeadingAge New York, Latham, NY.

AG- 411. Powers of Attorney, Capacity Issues, Guardianship What to do when a person can no longer make his/her own decisions: A discussion on planning in advance for potential loss of decision making capacity by signing a power of attorney; assessments of capacity; and what happens if no advance planning has been done and loss of capacity occurs—the guardianship process. The class is on site and two hours long. The presenter is Casey Copps DiPaola, Esq., Copps DiPaola, PLLC, Albany, NY.

AG- 438. Suddenly Alone This program provides guidance to older women who are suddenly alone (or soon to be alone) work their way through the legal and financial maze they must now navigate. The class is onsite and two hours long. The presenters are Michelle Wildgrube, Esq., Cioffi, Slezak, Wildgrube, PC, Niskayuna, NY; and Kathleen Godfrey, Godfrey Financial Associates, Inc..

AG-712. Medication Management with Older Adults This program will describe pharmacological interventions frequently used with older adults. The class is onsite and two hours long. The presenter is Michael Brodeur, Pharm.D., CGP, FASCP, Associate Professor, Albany College of Pharmacy and Health Services, Albany, NY.

AG-732. Disability Etiquette

This

class provides participants with practical and useful skills to help both parties (people without disabilities and people with disabilities) “experience a more positive and comfortable interaction.” The class is open to all and held on site for two hours. The presenter is John Robinson, President of Our Ability in Glenmont, NY.

AG-751. A Person's Living Space and How it Affects a Person with Memory Loss

Participants learn how to create a safe and comforting environment for a person with memory loss and learn how the arrangement of living space helps to avoid behavioral “triggers” that may contribute to anxiety and agitation. The class is held onsite for two hours. The presenters are Lynn Young, Director of Marjorie Doyle Rockwell Center, Cohoes, NY; and Debi Buzanowski, Community Liaison at Eddy Alzheimer’s Services, Troy, NY.

AG-755. Update on Medicare Observation Bed Status

This class

provides information on how one (an elderly person) can protect their rights as a hospital patient and learn how to use the appeal process if needed. Participants will receive tools to help them properly prepare for a hospital stay and avoid unnecessary hospital readmissions. The class is held onsite for two hours. The presenter is Marcus Harazin, M.S., Coordinator, New York Statewide Senior Action Council Inc., Albany, NY.

AG-761. The Affordable Care Act: Will it Change My Agency?

The

Affordable Care Act, Managed Care, Participant Direction, Medicaid Waivers, the Balancing Incentives Program to support greater utilization of community options and evidence based interventions are among initiatives intended to transform long term services and supports. The course focuses on what administrators need to consider to manage change rather than be simply driven by it. The intended audience is administrators, managers, and board members of aging service providers. The class is held onsite for two hours. The presenter is Philip McCallion, Ph.D., Professor and Co-Director, University at Albany Center for Excellence in Aging Services and Community Wellness, Albany, NY.

AG-762. The Affordable Care Act: Will it Change My Job?

This

class focuses on how mid-management and professional staff equip themselves to be effective in a changed and changing environment. The intended audience is mid-level management, and professional staff of not-for-profit aging services providers. The class is held onsite for two hours. The presenter is Philip McCallion, Ph.D..

AG-763. The Health Home: Linking Services for Medicaid-Eligible Individuals Who Are Frequently Users of Medical and Community-Based Services

New

York's Health Homes are a critical part of the Medicaid Redesign Team's (MRT) multi-year action plan to reform Medicaid. The state's Health Home program is a care management model that serves high cost Medicaid members with behavioral health and/or chronic medical conditions by using the Health Home's integrated network of providers to link the member to medical and behavioral health services, housing and community and social supports. This program will highlight two Health Homes operating in the Capital Region. The intended

audience is aging services providers, governmental agencies, and older adults. The class meets for three hours at Carondelet Hospitality Center, 385 Watervliet-Shaker Road, Latham, NY.

The presenters are Joseph Twardy, CEO of Visiting Nurse Service Association of Schenectady County, Schenectady, NY; Lana I. Earle, Deputy Director, Division of Program Development and Management, New York State Department of Health, Office of Health Insurance Programs, Albany, NY; and Rachel Handler, MS CRC, LMHC, Administrative Director, Behavioral Health Services, Samaritan Hospital, Troy, NY